Annual Report

2014-2015

King County

80 years
1936 | 2016
Living Our Legacy

The Arc
King County
From our Leader

Thank you. Because of your support, The Arc of King County has had the privilege of partnering with people who experience intellectual and developmental disabilities and their families for 80 years! Together, we support them to live full, meaningful lives; to give voice to their needs; and to champion their perspective. Like you, we respect individual choice as the guiding force in supporting people to advocate for themselves with the assurance that their desires, interests, and preferences will be honored.

For 80 years, The Arc of King County has partnered with you to expand inclusion in our community, and we see an unprecedented amount of progress ahead. It truly is a new era at The Arc of King County — an era of incredible opportunity for the nearly 21,000 children and adults in King County who are estimated to experience intellectual disabilities, epilepsy, cerebral palsy, Down syndrome and autism. As human citizens, we believe all individuals should be given the opportunity to have an education, a job, access to healthcare, the right to enjoy and access their community, and to experience friendships and relationships. Yet, while most are no longer institutionalized, many adults with I/DD still live in isolation from relationships, are not meaningfully employed, and lack access to any real interaction outside their homes. Your support has brought many victories over the years, and I am certain our continued work together will accomplish more access and inclusion in the years ahead.

As I reflect on the accomplishments included in this report, and many more stories of success we have shared over the years, I know we still have a lot of hard work ahead. We are honored to continue this work with your partnership, and as always, thank you for your commitment.

With warm regards,

Stacy Gillett
Executive Director

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Coral Blankinship
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Stacy Gillett
Executive Director

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Director of Systems Advocacy

Tom Haupt
Director of Supported Living

Carolyn Hojaboom
Director of Finance

Todd Morton
Director of Operations & Human Resources

Robin Tatsuda
Director of Information & Family Support

Michelle Wilkinson
Director of Development
Financial Summary

Revenue

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grants &amp; Contracts</td>
<td>$2,561,696</td>
</tr>
<tr>
<td>Investments</td>
<td>$142,165</td>
</tr>
<tr>
<td>Fundraising</td>
<td>$147,196</td>
</tr>
<tr>
<td>Fee for service</td>
<td>$54,358</td>
</tr>
</tbody>
</table>

**TOTAL REVENUE** $2,905,415

Expenses

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program Services</td>
<td>$2,328,556</td>
</tr>
<tr>
<td>Management &amp; General</td>
<td>$527,156</td>
</tr>
<tr>
<td>Development</td>
<td>$288,138</td>
</tr>
</tbody>
</table>

**TOTAL EXPENSES** $3,143,850

The financial summary is an excerpt from The Arc of King County’s audited financial statement of July 1, 2014 to June 30, 2015, which are audited by the firm Jones & Associates LLC. Full copies are available on our website, www.arcofkingcounty.org.
In 1936, a group of parents came together to advocate on behalf of their children with developmental disabilities. From those humble beginnings, The Arc of King County was born. Eighty years later, our origin story is more than just our legacy: many of our current staff and board members are also family members, and caregivers, for a child with an I/DD.

Three of our current staff – Cathy Murahashi, Rachel Nemhauser, and Marilyn Cooks – first came to The Arc as caregivers looking for help, and now they are integral members of our Family Support and Systems Advocacy teams. Each woman wanted answers to questions about their child’s needs, but they also sought a place where people understood the challenges they faced. Luckily, The Arc of King County met both requirements. We have provided a variety of supports over the years ranging from the Information and Referral hotline, the King County Parent and Family Coalition, online support groups, the Helping Parent program, Advocacy Days, workshops, special projects, and classes such as the Ambassador Training. We know that every family needs different types of support, and each of these ladies found what they needed as a parent or grandparent to their child with special needs. Rachel noted, “I always found such comfort and encouragement from my interactions with other parents, and with the Arc staff, that it kept me involved and excited to find more ways to participate”. The Arc is grateful that when job openings were available these passionate family members answered the call to help other families in need.

The Arc believes that self-advocates and their caregivers are the disability community’s greatest asset. The expertise and personal experiences that staff bring to The Arc informs our work, ensures that our recommendations are relevant, and keeps us connected to our grassroots origins. When someone calls The Arc looking for help, they know the person on the other end of the line really understands. While all three women are glad to put their experience to work supporting others, Cathy said it best, “I am fortunate to be paid to do what I love”. Marilyn, Rachel, and Cathy are representative of the many caregivers who have worked for The Arc during the last 80 years – passionate family members who are living our legacy and helping others navigate their own path.

**Top 5 Reasons for Information & Referral contacts:**
1. Emotional Support
2. Financial Benefits
3. DDA Services
4. DDA Eligibility
5. Housing
1 299
Active helping parent mentors

58
Parent mentor matches were made

1 57
Education and peer support events were hosted by The Arc

25%
of our information and referral service was regarding Autism

3 363
Information and referral contacts made by email, phone and in-person meetings

77%
of surveyed parents felt less isolated after Parent to Parent interactions

2 328+
People participated in education and peer support events hosted by The Arc
Annual Donors

This list of annual donors is for July 1, 2014 – June 30, 2015. We also thank the donors who have notified us of their desire to be anonymous. If we have omitted or incorrectly listed your name, please accept our heartfelt apology and know that your gift is greatly appreciated. If you have questions, please contact Michelle at 206-829-7016 or mwilkinson@arcofkingcounty.org.

Sally Abella
Jeff Abraham
Martha Acuna
Kaya Adams
Keith & Audrey Adams
Jo & Larry Adcock
Susan Adelman
Aziz Al
Gabriel Albert
Melissa Albert
Valerie Alduen
Marilyn Allen
Frank Alvarado
Shawn & Chris Andersen
Annabelle Anderson
Nancy Anderson
Perry Anderson
Lance Andree
Evelyn Andrews
Mark Aown
Kristin Atkinson
Dana Avedovech
Cara Avila-Mooney
Claudia Baeta-Hunziker
Laura Bailey
Rosanna Bashinski
Milan Beard
Sara Bennett
Andrew Benson
Daniel Berger
Monica Joyce Berger
Tiffany Bergman
Matt Bernhardt
Aaron Bigby
Jennifer Bird
Rebecca Bisbee
Michael Black
Bill Blankinship
Coral Blankinship
Michael & Lisa Bloechl

Patricia Blount
Jennifer Bloxom Eckles
Cheryl Boles
Marco Bombardi
Tom Haupt & Carrie Boom
James & Donna Borgford-Parnell
Cecilia Botelho
Dennis & Debbie Bounds
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Diana (DJ) Brooks
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Matthew Brown
Mary Browning
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Stansbury
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Erica & Jose Campos
Anthony & Michelle Cangialosi
Delia Cano
Stefan Carlson
Helen Carothers
Nancy Trenbeth & John Carson
Sara Celms
Luiz Chang
Alice Cheung
Woii Chin
Annette Christensen
Donna Christensen
Mark & Lucinda Christianson
Terri & David Chudzik
Molly Ciliberti
Kerry Clyne

Adam Comfort
Jeff Cook
Shelley-Rose Cook
Maury & Scott Corbin
Cynthia Corons
Mary & Joe Corpus
Ashley Corrie
Ron Cowan
Penny Coyner
Mark Crawford
Cynthia Creager
Beth Ann Crispin
Carolyn Crockett
Lily Croll
Mark & Michelle Crowell
Joe & Kristine Cunningham
Leslee & John Currie
Suzanne Curti
Doug Custer
David Cutler
Josh Cutler
Rob Dalton
Jeanne Daly
David Damm
Theodore & Barbara Daniels
Judi Daniels-Daley
Alicia Daquep
Linda Davidson
Brad & Marybeth Davis
Melissa Davis
Carol & Steve De Koekkoek
Michael de Rahm
Cameron Deak
Jennifer Deak
Erin Desol
Kathleen Roach & Paul Detmer
Leonard & Joan Devries
Bill DeWolfe
Eric DeWolfe
Jolene Dominguez

Morgan Donnelly
Kim Duckwiler
Tom Dziekonski
Julie Egroegts
Irvin Emanuel
Sara Evans
Pat & Randy Everson
Hashash Family
Andrea Virches & Jose Fantin
Eric Farley
Karen Fearn
Kurt & Margo Feichtmeir
Bruce Ferguson
Roy & Connie Ferguson
Nicholas Ferland
Letha Fernandez
Mary Ann Ferreira
Steve Ferreira
Katherine Festa
Marcella Fetyani
Elaine Filipe Lage
Monica Fiorentini
Daniel Fitzgerald
Patty & Brian Fitzpatrick
Joan Fix
Daniel Flinn
Raul Gpe Saavedra & Norma Floies
Joann Fonda
Juliano Forti
Betty Franks
Janet Freeman Daily
Jennifer Frias
Charles Margolis & Sylvia Fuerstenberg
James Fuerstenberg
Geri & Anthony Gabalis
Jean & Mark Gabarra
Michael Gaberman
Christine Galloway
Jackie Raczk
Leah Radstone
Barbara Rappoport
Gail Ratley
Stuart Renshaw
Barbara Renshaw Heineck
Cindy Richardson
Paul & Diane (Dee) Richter
James & Kathleen Riley
Carissa Robinson
Mary Rogers
Michael & Becky Ronan
Jon & Nancy Rosenberg
Robert & Elizabeth Rosenthal
Tina Ross
Rodney Rowen
Mary Running
Shannon Rushin
Tony Russ
Elizabeth Saccardi
Nancy Saunders
Tina Schager
Brenne & Jeff Schario
Carl Schedvin
Dorothy Schedvin
Greg & Joanne Schell
Mary Schimmelman
Martha & Thomas Schulte
Stephen Schwartz
Katherine Searing
Kathy Sellars
Martin Sellars
Deepak Sharma
Madhu Sharma
Andrea Simmonds
Lynne Simons
Craig Slye
Laura & John Smiley
Andi Smith
Brian & Yvonne Smith
Malia Soares
Carolyn Sowdon
Angelica Spates
Jennifer Spencer
Kelly Spivey
Irene & David Stanford
Jeanette Stengel
Lynne & Gerard Sternesky
Doris Stiefel
Matthew Storey
Kathy Straub
Charles Street
Scot Studebaker
Clayton & Kathryn Stueckle
James & Susan Sturms
Mark Swanson
Bev Sweet
Alexandria Tang
Jay Taylor
Elisabeth Texeira
Marcia Texeira
Duaine Theme
Jesse & Gail Thomas
Claudia Thompson
Lorin & Margaret-Lee Thompson
Katherine Timar
Michael & Uta Tipper
Charles Tobin
Alexandra Townsend
Joseph Traina
Aline Tran
Alice Yin Tsai
Paul & Brenda Tsang
Leigh Urbaniak
Sandra Urite-Sancricca
Maria Van Horn
Steven Vasconcellos
Marla Veliz
Jay & Lynn Vernon
Carla Vogt
Wagner Wagner
Dave & Ann Wahl
George & Mary Jo Walker
Lori Walker
Suyu Wang
Chris Weber
Rob Weber
Cristiane Mederios & Michael Wegmann
Claudia Weisz
Jeffrey Welch
Ed Wentz
Trina Westerlund
Geraldine Wetzig
Jack & Barb Wheeler
Joanne Whitehead
Richard Whitehill
James & Kathi Whittaker
Christine Whittlesey
Fred Wiesinger
Nicole Wilbur
Edward Wilkinson
Michelle Wilkinson
Melanie Wilson
Richard Wilson
Bruce & Barbara Wolff
Tom & Lisa Wolken
Holly Woo
Shaun Wood
Valerie Yanak
Matthew Yee
Rob & Nancy Yee
Marcella Young
Ricardo Zane
Eden Zasloff
Herb & Maggie Zeller
Jaime Zeino
Jennifer Hirsch & Jason Zions
Beth Zobel

Organizations

Accents Et Cetera
Alaska Air Group, Inc.
AmazonSmile Foundation
Appropriate Balance Financial Services
Arthur J. Gallagher & Co
Bank of America
Bergelectric
Boeing Employees Credit Union
Boeing
Bradley G. Davis Law Office
Carney Badley Spellman
City of Seattle
Clise Properties
Comcast – Washington Region
Costco
Dussault Law Group
Fales Foundation
Flinn Ferguson
Fragile X Association of Washington State
The Gates Foundation
Gertrude and Eldon Sallee Foundation
Honeywell
IBM
Ivar’s, Inc.
JP Morgan Chase
KIND LLC
King County CFC
King County Library System
Knights of Columbus Chapter #780
Kroger Co.
Lake Washington School District
Liberty Mutual
LifeSPAN
Little Bit Therapeutic Riding Center
McDonald’s
Melwood Horticultural Training Center
Microsoft
Nordstrom Foundation
North Puget Sound FC
Pacific Continental Bank
Quality Food Centers
RBC Foundation
The Seattle Foundation
Seattle Goodwill
The Seattle Times
Sound Mental Health
Suncoast West Foundation
Symetra
Thomas V. Giddens Jr. Foundation
Top Banana
Travelliance
Tulalip Tribe Foundation
Union Bank
United Parcel Service
Wirestone
Wings for Autism Takes Flight with Strong Partnerships

Travelling with a child on the autism spectrum can be a daunting task for families. Airports are busy, loud, and overwhelming. Recognizing the need for an event, The Arc of King County partnered with a tremendous team of organizations to bring Wings for Autism to the Puget Sound.

Built around a vision of inclusion, Wings for Autism is a program of The Arc of the United States, and is presented by The Port of Seattle, Alaska Airlines, and The Arc of King County with support from Ivar’s Seafood, KIND Granola Bars, McDonald’s, Travelliance and TSA. In two separate events at SeaTac Airport this year, we served 85 families, which included 100 children with intellectual and developmental disabilities. We trained 110 aviation professionals and volunteers on how to best serve and support families throughout the travel experience.

Wings has been an incredibly rewarding experience for both the families who participate, and the partners who make the program possible. Ray Prentice, Alaska Airlines’ Director of Customer Advocacy shared that the airline has been astounded by the profound impact it has had on its employees. “Each and every event produces accessibility advocates, promotes team work, and gives our customers and their families confidence that air travel is possible.” Navigating the logistics of organizing a training event in the airport is a huge undertaking: there is no doubt that Wings for Autism would not be possible without the dedication and time investment from all of our partners.

The Wings for Autism Team is excited to serve more families and train more aviation professionals and volunteers. Together, we envision a world where individuals with intellectual and developmental disabilities can travel with confidence, and we are so grateful to have partners that share our vision of inclusion.

49 number of organizations we partnered with for outreach events

132 number of places we connected Information & Referral participants to
Cars are Reggie’s passion: he can talk about his favorite make and models for hours. A Supported Living participant for well over twenty years, Reggie also owned and operated his own body repair business. Using his automotive expertise, he recently helped The Arc choose two new vehicles to support the people we serve. Now 61 and enjoying his retirement, Reggie’s life is a testament to the endless possibilities that exist for people with intellectual and developmental disabilities to thrive in an inclusive society.

Diagnosed with an intellectual disability as a child, Reggie has been able to live a fulfilling life in the Seattle-area. Anant, Reggie’s Direct Support Provider, helps him manage daily tasks like cleaning, laundry, and managing his diabetes.

With Anant’s support, Reggie is active in his community: he volunteers regularly at his church, and also serves soup at the local Salvation Army kitchen. Like many other retirees, Reggie enjoys activities at his local senior center, and he loves playing pool, spending time with friends, and baking. Reggie stays healthy with regular walks around his neighborhood, and he stays young at heart by playing with children and his neighbors’ pets.

Reggie appreciates the help he gets from Anant, and it’s clear that Anant enjoys working with Reggie, too. “He’s a really good guy who is enjoying life and staying busy in retirement. That’s what we all want, isn’t it?” Thanks to The Arc’s support, Reggie leads a tremendously active, engaged, and healthy life.
This past year was full of accomplishments for our advocacy efforts, as The Arc of King County continues to lead the state in advocating for and with individuals with developmental disabilities. The King County Parent and Family Coalition, or KCPFC, led the way on multiple significant pieces of legislation: the No Paid Services Caseload, early childhood intervention, young adult employment services, and a pay-increase for Supported Living Providers. Moved by The Arc’s advocacy efforts, legislators added 5,000 individuals with developmental disabilities to services: this is a huge victory for these individuals, their families and friends, and their caregivers. In addition, our legislative team and community members successfully advocated for $4 million for birth-to-three services, transition employment slots for graduating students, and a sixty-cent pay increase for Supported Living Providers. We are incredibly excited about these accomplishments, and are very grateful to our legislators for their responsiveness during the 2015 Legislative Session. But as we all know, there remains a significant amount of work to be done, and we are already working hard to impact more positive changes this coming year.

We held our 2015 Legislative Forum to ramp up for the 2016 Legislative Session. Kicked off by King County Executive Dow Constantine, the evening served as both a celebration of the year’s successes and a call-to-action for the coming year’s challenges. With over 500 people in attendance, including 29 state legislators, legislative, Congressional, and DSHS staff, the event was once again the year’s largest gathering of King County’s disability community. Families and self-advocates gave compelling speeches that highlighted our areas of focus for the coming year: funding for respite and crisis stabilization, a critical need to continue to increase early intervention services, employment for people with developmental disabilities, and an urgent need for legislators to support DDA’s efforts in providing more resources to Supported Living Programs in response to Seattle/King County’s minimum wage increase and Affordable Care Act wage adjustments.

As we reflect on our progress in 2015, we are proud and excited, but certainly not content. Every day in our work we are reminded that there is always more to be done. As we celebrate our 80th Anniversary, we look forward to inspiring more community members to become advocates, engaging more legislators in our causes, and continuing to work towards ensuring that individuals with intellectual and developmental disabilities are able to live, learn, work, and play in our communities.