

## 10 Ways Kids with Learning Disabilities Can Get Involved in the Arts



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Children who struggle with a learning disability often feel embarrassed and frustrated. They watch their classmates excel in academics while they never seem to catch up. The good news is some students who learn differently simply lack interest in academic subjects but are attracted to drama, art, music, or dance, so getting them involved in arts education can be hugely beneficial inside and outside the classroom.

Here are some ways from the **Arc of King County** to encourage kids to participate -- and have fun doing it!

### Aspiring Artists

Creating art is an effective way to strengthen problem-solving skills in children with a learning disability. The Child Development Institute reports that “every step involves [making a decision](#): what color to use, how to make a line, what size to make something.” Drawing, painting, and working with clay builds fine motor skills too. Most cities have art classes for kids, and public libraries sometimes offer art workshops for children.

- [Benefits of Visual Arts](#) for Children

- [Different Types](#) of Visual Art for Kids to Try

### **Future Ballet or Broadway Dancers**

Moving to music is an excellent way to express yourself and demonstrate your creativity. If you have children with a learning disability, dancing may be just the thing to boost their self-confidence. Dance teaches coordination and kinesthetic memory, and since it requires you to learn steps, it helps sharpen concentration and memory skills.

- Best [Types of Dance](#) for Young Kids
- Dancing Helps [Kids with Bad Memory](#)

### **Musical Instruments**

Kids who learn to play a musical instrument can boost their math skills, strengthen short-term and long-term memory, and experience a huge sense of accomplishment as they work toward mastering an instrument. No matter what your child wants to play, you can find music schools and private tutors that will instruct them at their own pace.

- [6 Benefits of Music Lessons](#)
- [Which Instrument is Best](#) for My Child
- How to Get My Child Interested in [Playing Musical Instruments](#)

### **All about the Drama**

Acting is another way for your children to find success. Drama allows kids to grow their imaginations, learn to read with expression, memorize dialogue, and improve gross motor skills. Improvisation also assists kids in developing social and emotional skills. Scope out kid-friendly acting classes, or encourage your child to join the drama club or try out for the school play.

- Kids With Learning Challenges [Shine Onstage](#)
- How to Help My Child with [Stage Fright](#)
- Creating an At-Home Performance Area/Multi-Purpose Room for Plays May [Bump Up](#) Your Home's Appraisal Value

Living with a learning disability can be tough, especially for school-age kids. If you want to build your children's self-esteem, confidence, and academic performance, encourage them to pursue an arts activity. Whether they're drawn to music, dance, drama, or art, exploring the arts will help them realize they can excel in anything they're passionate about.

***The [Arc of King County](#) serves all people with intellectual and developmental disabilities across the lifespan: from prenatal diagnosis through end of life care. Contact us to find out more! (206) 364-6337***