







What to Do If Medicaid Stops or Changes

 An Easy Read Guide for People with Disabilities in Washington State





Medicaid helps you go to the doctor, get medicine, and stay healthy. In Washington, Medicaid is called **Washington Apple Health** .

Sometimes, the government makes changes to Medicaid. This could mean:





-  Your Medicaid coverage could change.
-  It could stop for a short time.
-  You might need to sign up again.

 **You have rights!** You can take steps to keep your healthcare.





1. Stay Updated

-  **Call Medicaid** at 1-800-562-3022 and ask, “Is my Medicaid still working?”
 -  **Check the website:** www.hca.wa.gov for updates.
 -  **Ask someone you trust** (family, friend, caseworker, coach) to help you.
 -  **Follow groups like** The Arc of Washington or Disability Rights Washington for news.
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2. You Have Rights


-  **Medicaid in Washington is run by the state and U.S. government.** Even if the federal government makes changes, Washington **may** still be able to help you.
 -  **If Medicaid stops or gives you less care, you can fight the decision.**
 -  **Washington must send you a letter before stopping Medicaid.**
 -  **You can ask for a Medicaid hearing** by calling 1-800-583-8271 or visiting www.oah.wa.gov.
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3. Keep Your Medicaid Active

-  Did you get a letter about Medicaid? Open it and read it.
 -  If you need to renew your Medicaid, do it right away!
 -  Go to www.wahealthplanfinder.org or call 1-855-923-4633 to renew.
 -  If your Medicaid stops by mistake, call 1-855-923-4633 right away! You have 90 days to fix it.
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4. Other Healthcare Options in Washington

If Medicaid stops, you might still get healthcare from:




 **Apple Health for Workers with Disabilities (HWD)** – If you have a job, you might pay a little to keep Medicaid. Learn more at www.hca.wa.gov/apple-health-workers-disabilities.

 **Washington Health Plan Finder** – You might get a low-cost health plan. Apply at www.wahealthplanfinder.org or call 1-855-923-4633.

 **Community Health Clinics** – Places like **Sea Mar, Neighborcare, and CHAS Health** give care even if you don't have insurance. Call a clinic near you.


 **DDA Services** – If you get help from the **Developmental Disabilities Administration (DDA)**, call 1-800-737-0617 to ask about other programs.

5. Keep Your Medicine & Care

-  **Refill your medicine early.** Ask your doctor if you can get a **90-day supply**.
 -  **Call your doctor or clinic.** Ask, “Can I still see you if Medicaid stops?”
 -  **If you are told “NO” or if your medication cost increases, call** Washington’s Medicaid Ombudsman at 1-800-562-3022 for help.
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6. Get Free Legal Help in Washington


If Medicaid stops, you can get help.

 **Disability Rights Washington (DRW)** – Call **1-800-562-2702** or visit www.disabilityrightswa.org.

 **Northwest Justice Project (NJP) CLEAR Hotline** – Free legal help. Call **1-888-201-1014** or visit www.nwjustice.org.

 **Healthplan Finder Support** – Help finding health insurance. Call **1-855-923-4633** or visit www.wahealthplanfinder.org.

7. Speak Up for Medicaid

 **Call Washington’s lawmakers.** Call or write your leader or representative, “Medicaid is important for people with disabilities!” Find them at www.leg.wa.gov.

 **Join a disability group** like The Arc of Washington or Disability Rights Washington.

 **Share your story.** Ask a friend or family member to help you.

Need Help Right Now?


 **Washington Apple Health (Medicaid): 1-800-562-3022**

 **Washington Health Plan Finder Help: 1-855-923-4633**

 **Disability Rights Washington (Legal Help): 1-800-562-2702**

 **Northwest Justice Project (Legal Aid): 1-888-201-1014**

 **DDA (Developmental Disabilities Services): 1-800-737-0617**

 **You are not alone!** Help is available. Ask for help if you need it. Stay informed and protect your healthcare.