



# THE ARC OF KING COUNTY'S CRITICAL PATHWAYS TO SUCCESS 2022

The Arc of King County is at the heart of the civil rights movement to advance community equity for all people with intellectual and developmental disabilities to thrive as equal, valued and active members of the community.

## SUCCESS FACTOR #1

### MOBILIZING COMMUNITY ACTIVISTS AND ACTIVISM

to create a just society that welcomes, supports, protects and respects all people with intellectual and developmental disabilities

*We believe people with intellectual and developmental disabilities are entitled to the respect, dignity, equity, safety and security accorded to other members of society and are equal before the law*

## SUCCESS FACTOR #2

### LOUDLY ADVOCATING FOR COMMUNITY INCLUSION

to eliminate barriers for people with intellectual and developmental disabilities to live, learn, work and play in community

*We believe people with intellectual and developmental disabilities belong in the community and have fundamental moral, civil and constitutional rights to be fully included and actively participate in all aspects of society*

## SUCCESS FACTOR #3

### AFFIRMING WE ARE THE "GO TO" RESOURCE

to help anyone to understand, access and navigate a complex system of support services for people with intellectual and developmental disabilities

*We believe people with intellectual and developmental disabilities, with appropriate resources and supports, can make decisions about their own lives and must be heard on issues that affect their well-being*

## SUCCESS FACTOR #4

### DEMONSTRATING EXEMPLARY SERVICE DELIVERY

to people with intellectual and developmental disabilities and their families

*We believe The Arc of King County must lead by articulating a positive vision for the future of people with intellectual and developmental disabilities and work with individuals and organizations in a collaborative fashion to achieve carefully planned and well-executed services*

## PRIORITY STRATEGIES 2019-2022

### INCREASE LEADERSHIP OPPORTUNITIES

- **Train** and **engage** individuals with intellectual and developmental disabilities, their families, businesses and the community to promote awareness, inclusion and employment

### FOSTER CROSS-CULTURAL COMPETENCIES AND CONNECTIONS

- **Host** public events that include all stakeholders on issues that intersect with people with disabilities

### NURTURE STRATEGIC RELATIONSHIPS WITHIN THE COMMUNITY

- **Publish** a stakeholder calendar of activities to attend and opportunities to engage year-round

### ADVANCE THE ARC OF KING COUNTY'S LEGISLATIVE PRIORITIES

- **Partner** with policy makers at the local, state and federal levels
- **Communicate** The Arc of King County's values to the community

### PLACE PEOPLE WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES AT THE CENTER OF INCLUSION EFFORTS

- **Conduct** "Disability is Diversity" training
- **Bring** on board interns with intellectual and developmental disabilities
- **Increase** hiring of full-time equivalent persons with intellectual and developmental disabilities

### OFFER A RENOWNED RESOURCE CENTER FOR LIFESPAN ISSUES

- **Provide** individualized information and referral consultation to people with intellectual and developmental disabilities, their families, professionals and the community
- **Host** community workshops on lifespan and emerging issues

### TRACK AND RESPOND TO EMERGING COMMUNITY NEEDS

- **Collect** data on system gaps and respond through a "Call to Action"

### DELIVER HIGH QUALITY SUPPORTED LIVING AND REPRESENTATIVE PAYEE SERVICES

### DELIVER PARENT TO PARENT PEER SUPPORTS

### DELIVER HEALTHY RELATIONSHIPS EDUCATION TO PEOPLE WITH DISABILITIES

### ADDRESS HOMELESSNESS AND HOUSING STABILITY FOR PEOPLE WITH DISABILITIES AND THEIR FAMILIES

### HOST PROFESSIONAL DEVELOPMENT TRAINING TO OTHER LIKE-MINDED ORGANIZATIONS

### EXPAND RELATIONSHIPS AND PARTNERSHIPS TO SUPPORT WINGS FOR AUTISM

## KEY MEASUREMENTS OF SUCCESS

In order to mobilize these strategies and achieve the key measurements by 2022, The Arc of King County will **engage** with the community through the following:

<ul style="list-style-type: none"> <li>• <b>Host</b> 3 leadership cohorts</li> <li>• <b>Host</b> 6 large public events</li> <li>• <b>Host</b> 3 community dialogue events</li> <li>• <b>Achieve</b> 1.5 million points of contact</li> <li>• <b>Participate</b> in 4 coalitions</li> <li>• <b>Connect</b> 20 people with their elected officials</li> <li>• <b>Write</b> 1 grant monthly to support current and/or new programming</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Participate</b> in 3 work sessions or presentations to policy makers</li> <li>• <b>Produce</b> and <b>distribute</b> 6 pieces of policy analysis</li> <li>• <b>Deliver</b> "Disability is Diversity" training to 100 people</li> <li>• <b>Host</b> 5 interns with intellectual and developmental disabilities</li> <li>• <b>Increase</b> staffing to 1.5 FTEs of people with intellectual and developmental disabilities</li> <li>• <b>Compensate</b> people with disabilities for their time and talent spent on advocating our mission</li> <li>• <b>Increase</b> private donations and corporate giving by 5%</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Serve</b> 3,000 through individualized information and referral consultations</li> <li>• <b>Deliver</b> 120 workshops</li> <li>• <b>Report</b> system gaps to policy makers and funders</li> <li>• <b>Promote</b> our programs to the community and key media contacts to inform the public about what we do and how they can support and/or partner with us</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Increase</b> number of supported living clients, including private pay, by 30%</li> <li>• <b>Teach</b> 200 people with disabilities healthy relationship skills</li> <li>• <b>Match</b> 200 individuals with trained volunteer mentors</li> <li>• <b>Prevent</b> 50 families from becoming homeless</li> <li>• <b>Organize</b> training on topics related to hoarding, healthy relationships, positive behavior supports and disability as diversity</li> <li>• <b>Host</b> 2 Wings for Autism events annually</li> </ul>
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## DESIRED OUTCOMES 2022

<p>As the hub of a civil rights movement, The Arc of King County trains people, orchestrates campaigns and develops activities that speak out for the rights of all people with intellectual and developmental disabilities</p>	<p>The Arc of King County unites and mobilizes people to demand that the voices and needs of people with intellectual and developmental disabilities are heard and acted upon by government, businesses, health care, schools and family members</p>	<p>As an information hub, experienced counselor and referral agent, The Arc of King County is recognized as the most reliable community resource regarding people with intellectual and developmental disabilities</p>	<p>The Arc of King County sets the standard of quality service delivery to people with intellectual and developmental disabilities, and supports other service providers to continually enhance and advance best practices in providing care and family supports</p>
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*King County has over **34,000** residents with an intellectual or developmental disability whose rights to **live, learn, work and play** in our communities must be advanced.*

*People with intellectual and developmental disabilities are at the core of **The Arc of King County** and have a voice in determining and evaluating the ultimate success of our organization.*