

Letting Grow

Grief support for individuals with a developmental or intellectual disability

Ways Providence Hospice of Seattle's Grief Support Services can provide support to individuals, agencies, and staff:

- **Short term, individual support to individuals with a developmental or intellectual disability who are grieving the loss of a loved one. This support is offered to help individuals process and explore feelings related to change, loss, and grief using a mix of dialogue and creative tools including art, movement, and rituals;**
- **Education, consultation, and support to staff working with individuals with a developmental or intellectual disability who are grieving the loss of a loved one. This can include talking about the staff's personal or professional grief as well as specific ways to work with clients who are dealing with a recent or challenging loss.**
- **Training staff to provide ongoing individual or group grief support in an agency or community living space.**

For more information, please call Grief Support Services at 206-320-7157. There is no charge for this support. Donations are gratefully accepted.



To be added to future lists via email, or to remove yourself from this list, please call 206.320.7157 or email wendi.sargent@providence.org