

Transforming
Lives

DDA Respite Care

Kate Flaming

Waiver Program Specialist

Developmental Disabilities Administration



Overview

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- How are Respite Limits Determined?
- What Waivers Provide Respite?
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Respite Definition and Rules

- Respite is a break in caregiving for the primary caregiver (usually one of the child's parents) who lives with the client
- It can be provided in a 1:1 setting or in a group setting like a specialized summer camp
- Respite must only be provided by DDA contracted providers
- Respite can be provided in the client's home, client's relative's home, the community setting, or in a number of licensed or certified settings such as childcare centers or adult family homes
- Respite can be a much-needed break for both the caregiver and the client

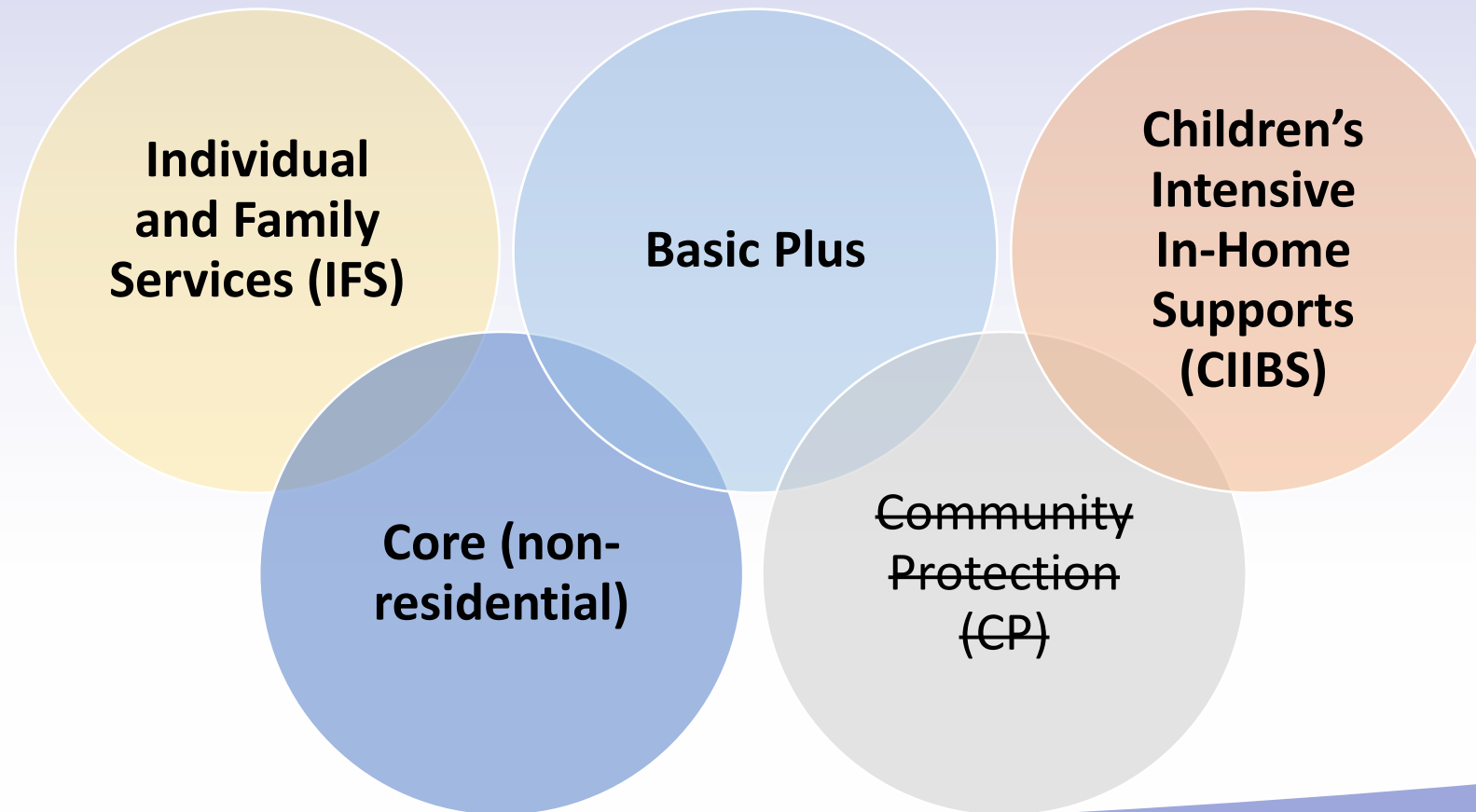
How are Respite Limits Determined?

- The DDA Care Assessment uses an algorithm that determines what level of funding the client is eligible for, based on how the assessment questions are answered
- IFS Waiver clients receive an allocation of funding to use for all services during the plan year, including respite
 - \$1560, \$2340, \$3120, \$4680
- Basic Plus, CIIBS, and Core clients receive an allotment of respite hours to use during the plan year
 - 240, 336, 432 or 528 hours
 - Other services are paid for from separate funding amounts

Respite is not Personal Care

- Personal Care hours are an entitlement service, meaning that it is available to all clients who are Medicaid eligible and have a need for assistance with Activities of Daily Living (ADLs)
- Personal Care is only to support the client with ADLs – eating, bathing, personal hygiene, dressing, toileting, mobility, transfers...
- Personal Care hours are also generated by the DDA CARE Assessment, but are generated monthly
 - Example: Luis is eligible for 150 hours of personal care each month. He can use up to 150 hours each month, and no more. If he uses less, these hours do not roll over to the following months.
- Respite providers can also help with personal care tasks, as they are providing the primary caregiver a break in performing those tasks

What Waivers Provide Respite?



How do I Request a Waiver?

- [DDA Eligibility](#)
- Request an Assessment
 - [Service and Information Request](#)
- Waiver Enrollment Request
- Establishing Waiver Financial Eligibility
- Waiver Capacity
 - Currently in a “Time of Plenty”
 - Legislature has continued to give us more funding for additional waiver slots
 - DDA has gone through the waiver request database to offer waivers to anyone denied in the past
- Timeline
 - May take a few months at each step of the process

How do I Access Waiver-Funded Respite?

- Ask Case Manager if you qualify for respite care
- Request a list of contracted Respite in Community Settings providers, or to be connected with CDWA for an Individual Provider or Home Care Agency
- Contact provider to set up services
- Inform Case Manager of provider so that they can add the service and provider to your Person-Centered Service Plan and authorize hours

Respite Providers

- Respite In Community Settings
- Consumer Direct Washington (CDWA) – Individual Providers
- Home Care Agencies

Respite Troubleshooting

- Not all Respite in Community Settings programs are modeled on providing 1:1 support
- Respite for clients with 1:1 support needs (challenging behaviors, medical needs, ADL needs)
 - Can potentially combine CDWA Individual Provider with Respite in Community Settings provider
 - Cannot combine respite and personal care services
 - 2 respite Individual Providers in the home
 - Respite with an RN/LPN
- Contacting local providers to see if they want to contract with DDA

Non-Waiver Out of Home Respite: Children

- Enhanced Respite
 - Available for waiver and non-waiver clients who are DDA eligible
 - These services provide a break in caregiving, an opportunity for behavioral stabilization, and partnership with families, clients, providers, DDA CRM, and community professionals with the goal of the youth remaining in the family home.
 - Enhanced respite support may be accessed for a maximum of 30 days in a **calendar** year and is currently offered at one site in Region 2, Ferndale
 - There are additional enhanced respite beds located throughout the state that may also be requested, if appropriate

Non-Waiver Out of Home Respite: Adults

- **Overnight Planned Respite Services (OPRS)**
 - Available for waiver and non-waiver clients who are DDA eligible
 - Clients must be living at home with a primary caregiver and not current receiving residential habilitation services
 - Cannot exceed 14 days in a calendar year
- **Residential Habilitation Center (RHC) Planned Respite**
 - Available for waiver and non-waiver clients who are DDA eligible
 - Yakima Valley School and on a limited basis at other RHCs (Fircrest and Lakeland Village)

Questions



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