Visual Schedule – Using or Building Toward Written Schedule

Some kids are ready for a written schedule. A written schedule works much like an adult To Do List and can be formatted in any way that works best for your child in their setting. Some families are interested in working toward a written schedule. There is a conceptual progression through visual schedules to written schedules. It is worth noting though that visual scheduling may well be useful at any one stage for any one family with no need for further progression. Visual scheduling is more about clarity and predictability at the stage that suits each family best. If a progression is useful for your family the conceptual progression could look like this.

1. Start with scheduling specific tasks, perhaps using object reminders and first… then reminder imagery,
2. Building to scheduling for larger portions of a day, using larger pictures and few words
3. Decreasing picture size and increasing word size and use
4. Moving to words only
5. Practice writing daily schedules