Best Buddies Citizens Program Overview

What is the Best Buddies Citizens Program?
The Best Buddies Citizens Program matches adults with intellectual and developmental disabilities (IDD) in one-to-one friendships with adults without IDD in the community. By spending time with one another, the lives of both individuals are enhanced through a mutually-enriching friendship.

How are Buddy Pairs matched?
We match buddy pairs based on a number of factors – including geographic location/proximity, age range, shared interests and hobbies, and other individual preferences that are conveyed in the matching process. Buddy pairs are matched for a minimum of a one-year commitment.

Who is eligible to join the Best Buddies Citizens Program in Washington?
Anyone over the age 18 who lives in the Greater Puget Sound region – including King County, Pierce County, and Thurston County. Each participant must complete a background check to participate in the Citizens program.

How do I join the Citizens Program?

1. Submit an Online Membership Application
   - Go to: https://www.bestbuddiesonline.org/Citizens/CitizensMemberApplication.aspx
   - In the “Available Programs” dropdown, choose “Washington: Seattle”.
   - At the bottom of the page, click the “Member Application” button.
   - Click “Continue” and complete the membership application prompts.

2. Complete the Matching Questionnaire
   Matching Questionnaire Link: https://forms.gle/Hm9BeL9fTYqPhGom8

Questions? Contact Erica Brody at ericabrody@bestbuddies.org

Best Buddies Washington  @bestbuddieswash