



Do You Need A Break?



In collaboration with **The Brain Injury Alliance, Lifespan Respite Washington** is offering \$1,000 respite vouchers to unpaid caregivers throughout Washington to take a break!

YOU MAY QUALIFY FOR UP TO \$1,000 IN ASSISTANCE!

Do you help someone with a brain injury for free?

- ✓ Preparing Meals
- ✓ Going to Appointments
- ✓ Getting Ready for the Day
- ✓ Getting Ready for Bed
- ✓ Taking Medication
- ✓ Laundry

If you answered yes, please contact the **Brain Injury Alliance of Washington** for more information and to see if you qualify.

877-982-4292

www.biawa.org/respite



Brain Injury
Alliance
WASHINGTON