



ASIAN COUNSELING
and REFERRAL SERVICE



VALLEY | CITIES
Behavioral Health Care

PEOPLE OF COLOR MENTAL HEALTH SUPPORT GROUP

A space for all people of color to breathe,
be heard, and feel safe.

Special thanks to the Tulalip Charitable Contributions
Fund for supporting the creation of this group.



Starting July 23, 2019
2nd and 4th Tuesdays
5.30pm - 6.30pm
Valley Cities Rainier
(8444 Rainier Ave S, Seattle)

NAMI Connection Recovery Support Groups are free, peer-led
groups for adults wanting support in their mental health

for more information contact
namipocpeergroup@gmail.com