

# Benefits and Personal Care

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*Transforming lives*

# Access to Personal Care Services

**1.** Filling out and turning in an application for Medicaid.

Apply online:

<https://www.dshs.wa.gov/esa/community-services-offices/how-apply-services>

**2.** A financial review to determine your financial eligibility. If no DDA case manager call **1-800-974-4428**

**3.** A personal care needs assessment to determine your functional eligibility.

# Activities of Daily Living

**Bathing**  
**Bed Mobility**  
**Dressing**  
**Eating**  
**Locomotion**

**Toilet Use**  
**Transfer**  
**Personal Hygiene**  
**Med Management**  
**Body Care**



# Instrumental Activities of Daily Living

**Meal preparation**

**Housework**

**Essential shopping**

**Wood supply**

**Travel to medical appointments**

**Telephone use**



## What is not covered with Personal Care?

- Childcare
- Yard work
- Skilled nursing services
- Services provided over the phone
- Services to assist other non-eligible household members
- Pet Care
- Managing Finances

# What happens now that eligibility is determined?

Select a provider:

- Contracted Homecare Agencies
- Individual Provider



**Be sure to sign and return your plan to your case manager!**

# Questions!

**Contact your DDA Case Manager**  
**No Case Manager? Call 1-800-974-4428**

Thank you for your time