How to Find and Select an Adult Family Home (AFH)

Kayla Davis, MSW
Performance and Quality Improvement Specialist
Developmental Disabilities Administration (DDA)
Overview:

• What is an Adult Family Home (AFH)?
• How to locate an AFH
• Search process
• Placement
• Questions?
What is an Adult Family Home (AFH)?

- A residential home licensed for 2 to 6 adults who are not blood/marriage related to the person(s) providing care and services.
  - Medicaid
  - Private-pay

- Licensed by Department of Social and Health Services (DSHS)
  - Specialty designations: Mental Health, Developmental Disabilities, Dementia

- Paid to provide personal care 24/7

- Not required to provide:
  - Transportation
  - 1:1 staffing*
  - Awake staff*
How to locate an AFH:

- Case Resource Manager and Performance and Quality Improvement Specialist
- Private Placement and Referral agencies
- Housing Search NW: http://www.housingsearchnw.org/AdultFamilyHomes.html
Search Process:

• Making phone calls:
  • List/tracking system
  • Most recent assessment of care needs
  • Medicaid Daily Rate or private-pay status
  • Vacancies
  • “Deal-breakers”

• Visiting the AFH:
  • Sending assessment
  • Schedule time
  • Neighborhood
  • Other residents
Search Process (continued):

• Challenges:
  • Geographic needs/preferences
  • Vacancies
  • Individual needs/preferences and shared housing
Placement:

• Coordination
  • Furniture/belongings
  • Medications/delegation

• Adjustment
  • Ask for what you need
  • Negotiated Care Plan

• Not a good fit?
  • Communication!
  • It is your home
  • No “contract”
Additional Information:

• “Choosing Care in an Adult Family Home or Assisted Living Facility”

• Adult Family Home information:
  https://www.dshs.wa.gov/altsa/residential-care-services/afh-information

• Report Concerns: 1-800-562-6078
Questions?

Contact your Case Manager

No Case Manager? Contact 1-800-974-4428