Hello, Neighbor!
Allow us to introduce ourselves!

We are your local mental health resource for children of any age and their families, but you can call us...

Developing Minds

Since its establishment in 2016, Developing Minds has been providing high quality, focused, professional services to children, adolescents, adults, and families in the Seattle metropolitan area.

We are a group of passionate mental health professionals that work together to help children, adolescents, adults, and families overcome challenges and live more fulfilling lives.

It's nice to meet you!

Ready to learn more? Visit DMClinics.com or read on!
WHAT WE DO

Through counseling and evidence-based treatments, children and adults will receive emotional support from a licensed professional who will help them address their unique needs using a number of approaches, including:

- Medication management
- Parent-Child interaction therapy
- Individual therapy
- Play therapy
- Family therapy
- Couples therapy
- Parent coaching

OUR SERVICES

We’re a mental health resource for the whole family!

HOW WE HELP

We offer a full in-house staff of specialists who treat patients with the following conditions:

- ADD/ADHD
- Behavioral disregulation
- Anxiety
- Depression
- Attachment related issues
- Developmental delays
- Emotional disregulation
- Mood swings
- Relationship problems
- School problems
- Sleep issues
- Stress related problems

MEET OUR TEAM

Conventionally located on the Eastside!

Developing Minds has two locations only 20 minutes outside of downtown Seattle, both close to the I-405, I-5, WA-520, and I-90 freeways with ample parking on-site.