



**Hello, Neighbor!**  
**Allow us to introduce ourselves!**

We are your local mental health resource for children of any age and their families, but you can call us...



Since its establishment in 2016, **Developing Minds** has been providing high quality, focused, professional services to children, adolescents, adults, and families in the Seattle metropolitan area.

We are a group of passionate mental health professionals that work together to help children, adolescents, adults, and families overcome challenges and live more fulfilling lives.

**It's nice to meet you!**

**Ready to learn more? Visit [DMClinics.com](http://DMClinics.com) or read on!**

## WHAT WE DO

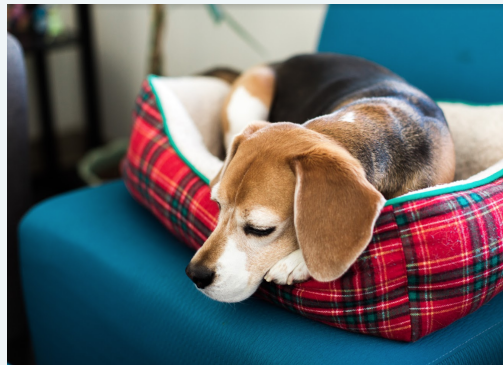
Through counseling and evidence-based treatments, children and adults will receive emotional support from a licensed professional who will help them address their unique needs using a number of approaches, including:

- Medication management
- Parent-Child interaction therapy
- Individual therapy
- Play therapy
- Family therapy
- Couples therapy
- Parent coaching



## OUR SERVICES

**We're a mental health resource for the whole family!**



Both locations have providers with therapy dogs like this handsome fellow!

## HOW WE HELP

We offer a full in-house staff of specialists who treat patients with the following conditions:

- ◆
- ADD/ADHD
- Behavioral disregulation
- Anxiety
- Depression
- Attachment related issues
- Developmental delays
- Emotional disregulation
- Mood swings
- Relationship problems
- School problems
- Sleep issues
- Stress related problems

## MEET OUR TEAM

## Conveniently located on the Eastside!

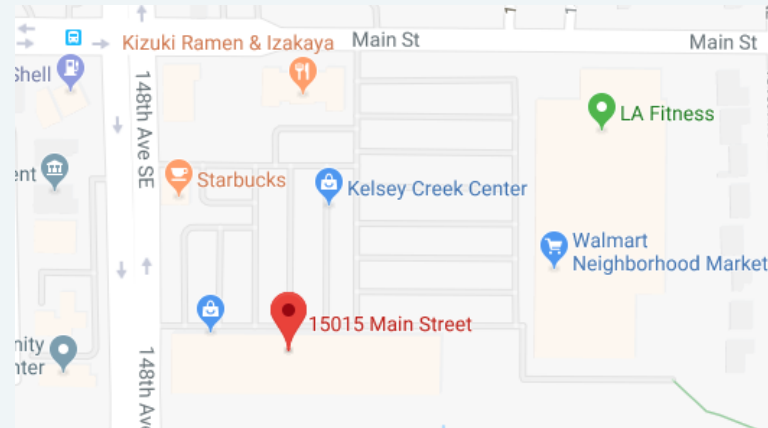
Developing Minds has two locations only 20 minutes outside of downtown Seattle, both close to the I-405, I-5, WA-520, and I-90 freeways with ample parking on-site.

## BELLEVUE

15015 Main Street, Suite 204 Bellevue, WA 98007

Phone (425) 598-8800

Fax (425) 598-8805



## BOTHELL

19515 North Creek Parkway, Suite 208

Bothell, WA 98011

Phone (425) 598-8800

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**Contact us today!**

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