

Class 5

# Building a movement

How do you shift systems &  
thinking to stop marginalizing  
people with IDD?

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September 5, 2024

Inclusion Academy. Sequence 2: Unpacking Disability

Treatment of a person or group as insignificant or peripheral.

## To disempower, disenfranchise, exclude

The act of treating someone or something as if they are not important

*Marginalization occurs when a person or groups of people are less able to do things or access basic services or opportunities.*

Synonyms. **Oppressed; vulnerable**

People who are socially marginalized don't have the same social opportunities as others. They can't go to the same clubs, reasonably access the same shops or services, and they often even live in segregated, socially excluded communities.

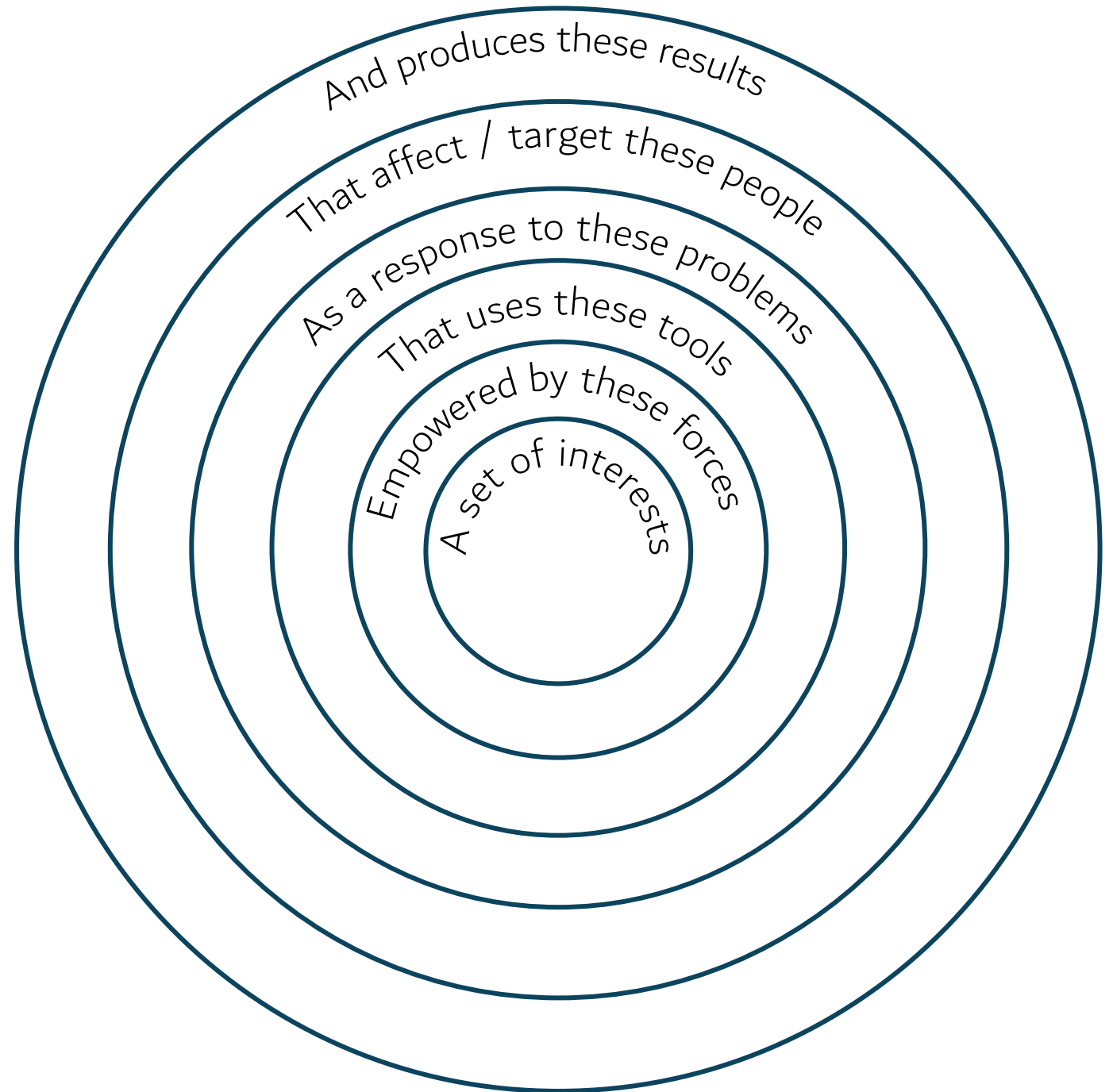
**To relegate to an unimportant or powerless position within a society or group**

*Marginalization encompasses structural, interpersonal, and intergroup dynamics that perpetuate inequality and exclusion.*

To remove to or keep in a position without influence in a society or group.

# Marginalization is ...

An exercise to help you visualize how systems and people marginalize folks with high support needs.



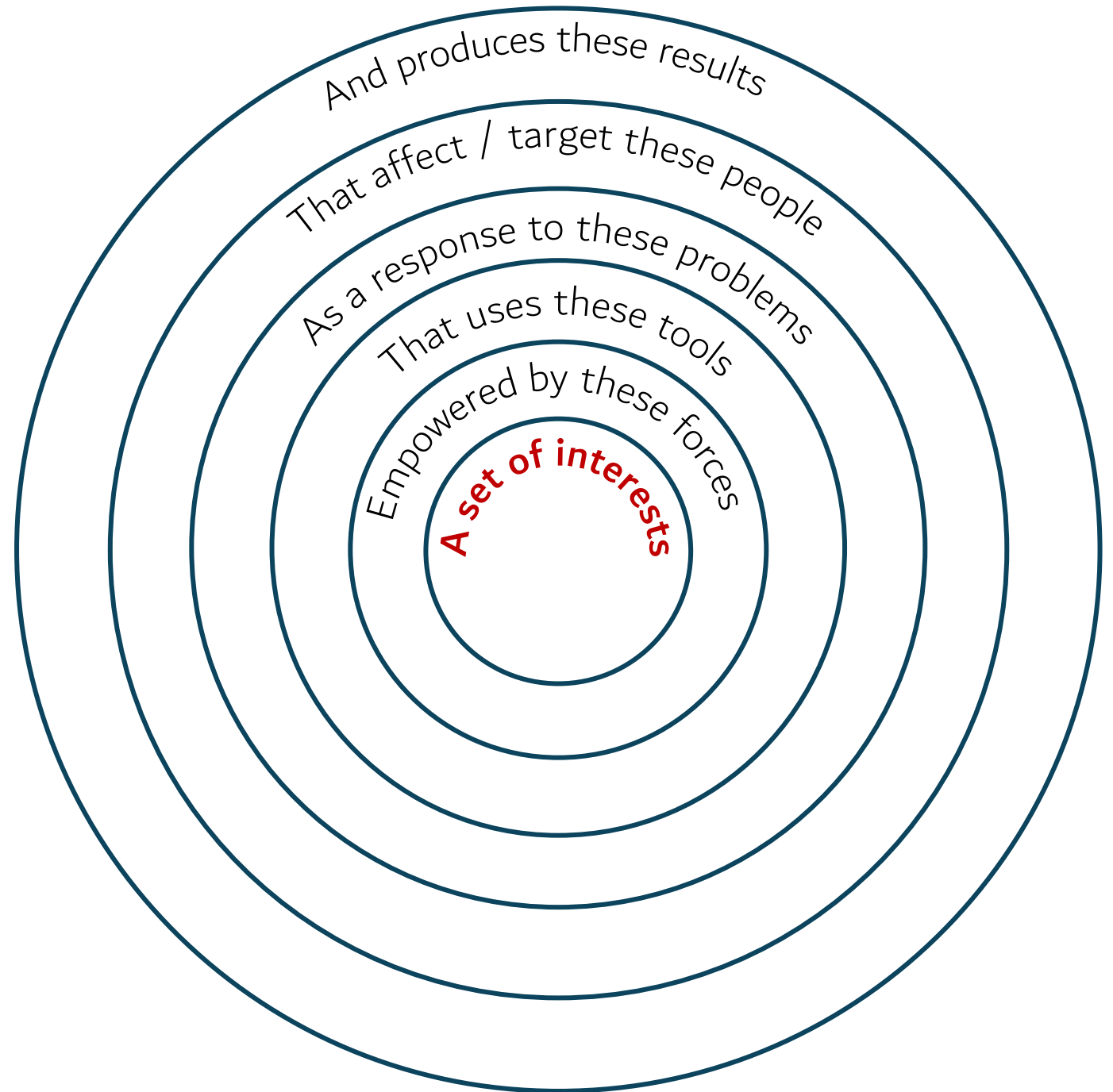
# **What is marginalization and what does it look like?**

- Not being able to make choices
- Not having choices to make
- Reduced opportunity to work/earn income

- Institutions & facilities, but also isolated living situations
- Lack of connection to friends, family or the community in general
- Loss of safety

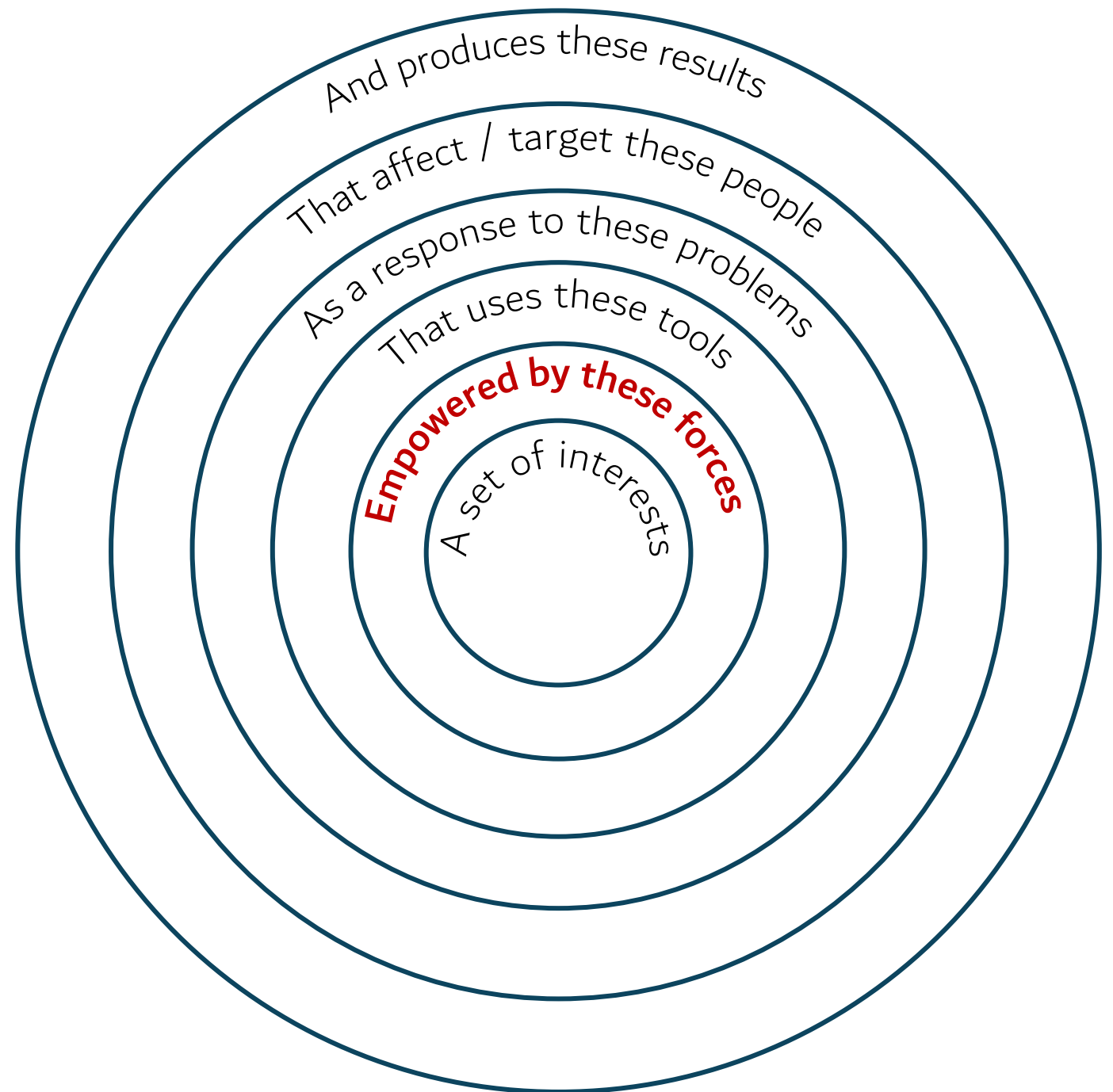
# **What else comes to mind?**

# Marginalization is **a set of interests**



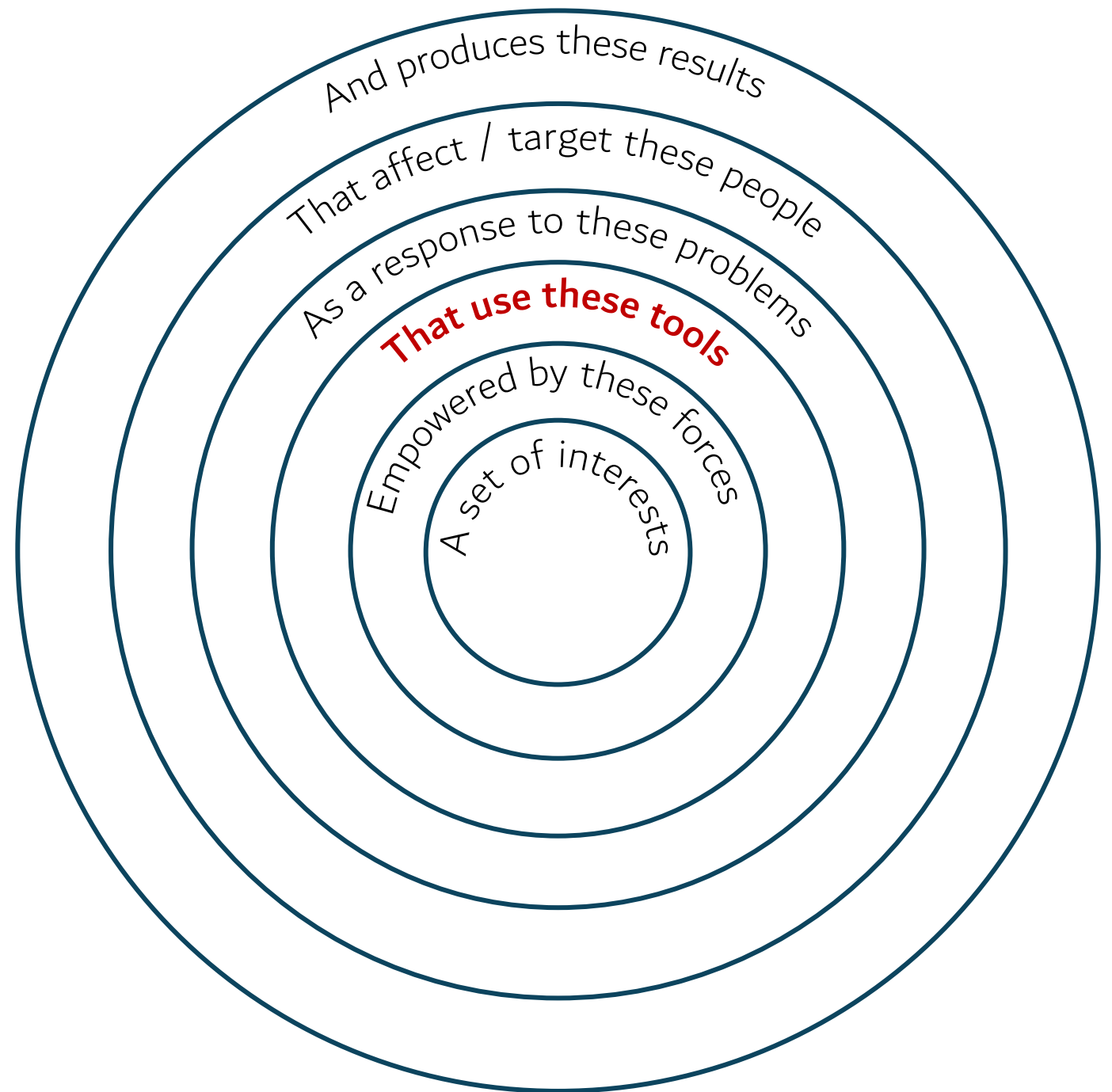
**Prompt:** Who influences or controls the practices and policies that can marginalize people with IDD?

Marginalization  
is a set of interests  
**empowered by  
these forces**



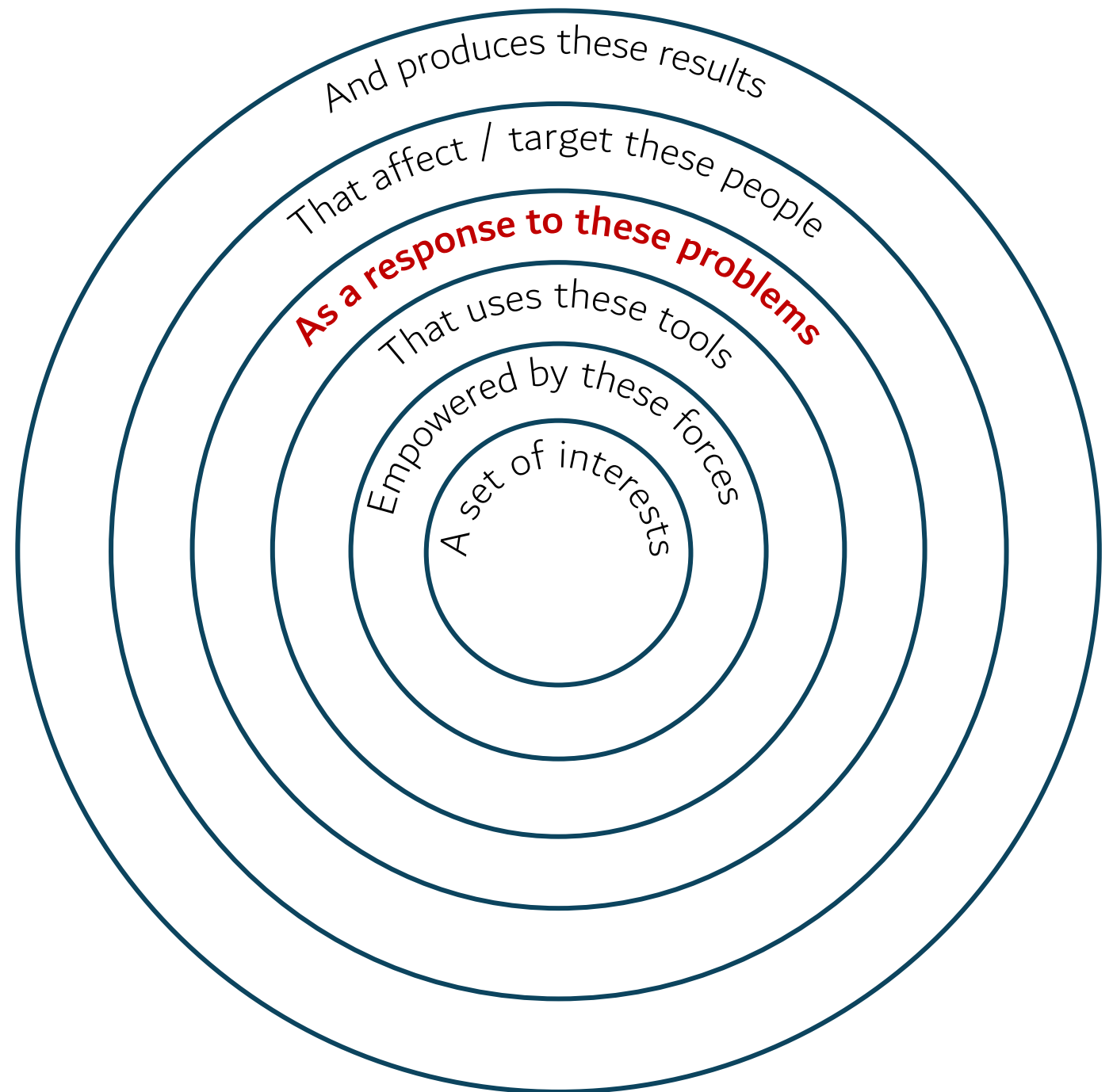
**Prompt:** What attitudes or beliefs influence how people think about disability, accessibility, and belonging in the community?

Marginalization  
is a set of interests  
empowered by  
these forces **that use  
these tools**



**Prompt:** What are the tools, policies, practices, and resources that influence marginalization of people with IDD?

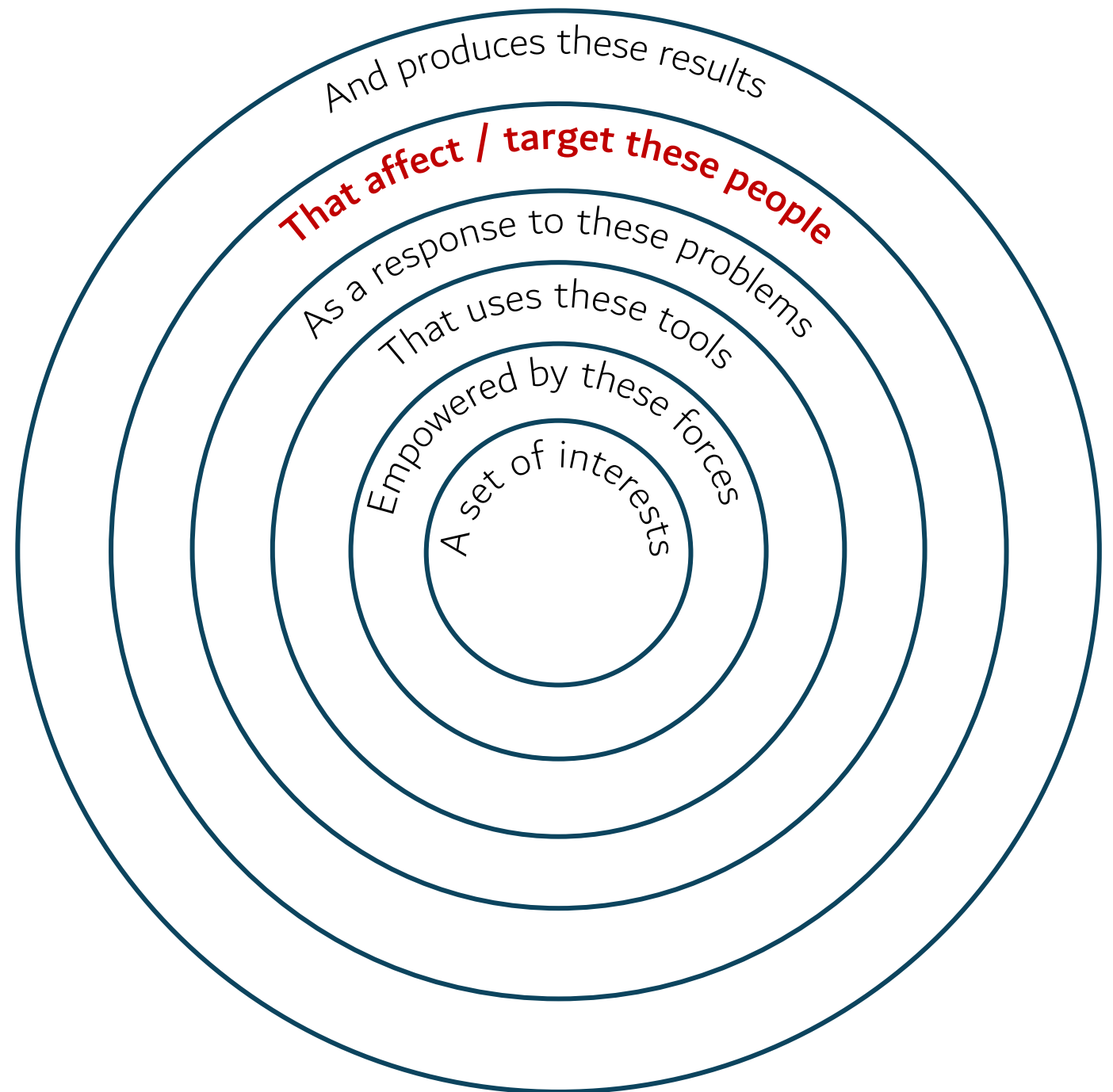
Marginalization is a set of interests empowered by these forces that use these tools **as a response to these problems**



**Prompt:** What are people reacting to? In fear of? Trying to accomplish?

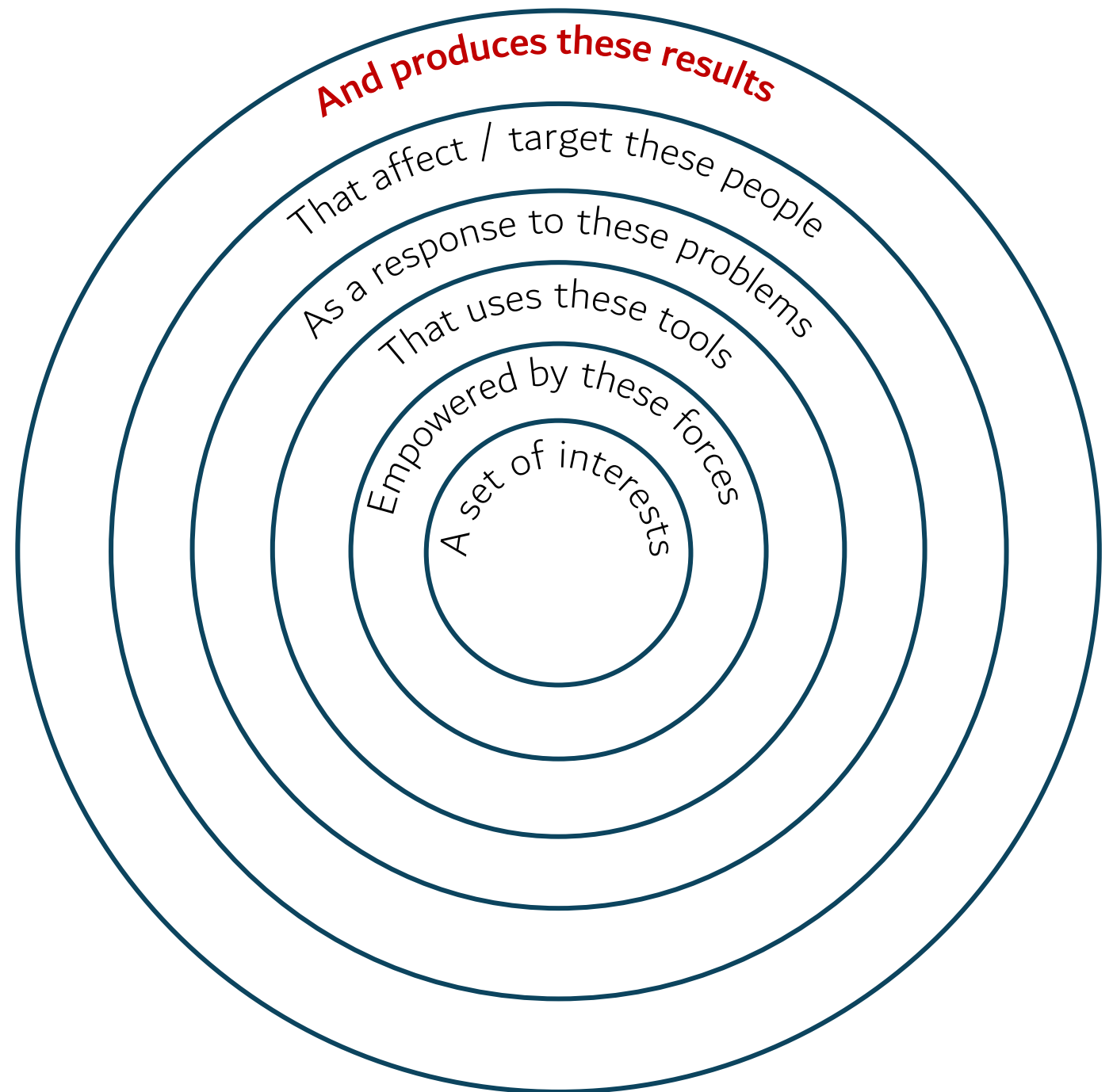


Marginalization is a set of interests empowered by these forces that use these tools as a response to these problems **that affect/target these people**



**Prompt:** In the IDD community, who most feels the effects of marginalization?

Marginalization is a set of interests empowered by these forces that use these tools as a response to these problems that affects/targets these people **and produces these results**



**Prompt:** What happens when people are marginalized?

# Challenging marginalization

- What is YOUR role?
- What investments or policies do you want to see?
- What values do you want to see communities embrace?



**What needs  
to happen?**



# Resources: Find Your People

## IDD services/Medicaid/SSI/ Long-term care

- [The Arc – US](#)
- [The Arc – WA](#)
- [The Arc – King County](#)

Other local chapters:  
[Cowlitz](#), [Grays Harbor](#),  
[Snohomish](#); [Spokane](#);  
[Tri-Cities](#); [Whatcom](#))

## Cross disability & self-advocate groups

- [Disability Rights Washington](#)
- [Allies in Advocacy](#)
- [Self Advocates in Leadership \(SAIL\)](#)
- [People First of Washington](#)
- [Autistic Self-Advocacy Network \(ASAN\)](#)
- [National Council on Disability](#)

# Resources: Find Your People

## **WA coalitions working on key issues**

- [Washington Low Income Housing Alliance](#)
- [Health Care for All](#)
- [Early Learning Action Alliance](#)
- [WSA Head Start and ECEAP](#)
- [League of Education Voters](#)
- [Investing in Student Potential](#) (Specific to students with disabilities)

# Resources: Staff Picks

## By and for self-advocates

- [Guide to Voting](#)
- [Testifying Tips With Eric Matthes](#)
- [Medicaid Access Rules](#)
- [Right to Ride](#)
- [Housing Advocacy](#)
- [The Cycle of Institutions](#)

## Other tools, resources

- [How to Contact Your Legislators \(& What to Say\)](#)
- [Effective messaging: A worksheet](#)
- [WA State Legislature website](#)
- <https://www.facebook.com/arcofkingcounty>
- [The Voice blog](#)