



Developmental Disability Crisis Supports

The Arc of King County
Information & Family Support Team

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206-829-7053



Crisis Supports for Children & Adults

- **DDA** does not offer crisis relief services BUT we must urge parents to report crisis incidents to case manager so DDA understands the magnitude of the problem which will put pressure on DDA to consider creating and offering crisis relief services for DDA families. DDA may also help refer you to local services listed below.
- **Sound Mental Health has a program called Community Network Program (CNP)** for children, teens and adults. Refer to CNP if in King County only: <https://www.sound.health/intellectual-and-developmental-disabilities/>

Crisis Supports for Children

- **CCORS & ISS/DD:** King County only. Serves up to age 21. Has a new program serving severe autism and I/DD, offering in-home consultation and goal-focused short-term behavior support. To access, go through DDA Case Manager OR call Crisis Connections 206-461-3222
<https://www.seattlemca.org/accelerator/familysupport/ccors>
- **BeST Team:** A short-term in-home behavior support team for DDA enrolled clients in King County, ages 3-17. The BeST Team has cancelled in-home services but is offering telephonic and video support to parents during COVID crisis.
<https://www.navos.org/get-help/children-youth-families/best-program/>
- **WISe Wrap:** Case management to help parents trouble-shoot and access services. Good fit for overwhelmed parents needing help with follow through and accessing services. Each county has their own WISe wrap team.. Parents can self-refer. <https://www.hca.wa.gov/health-care-services-supports/behavioral-health-recovery/wraparound-intensive-services-wise>

Crisis Supports for Children

- **Safe Families for Children** through **Olive Crest**. We work with families in crisis by providing short-term Safe Homes for the children in those families on a voluntary basis. The family in crisis keeps all parental rights and can have their children back at any time. We work with a lot of different types of families and crisis' can include homelessness, DV, hospitalizations, medical emergencies, etc. And we work with kids from 0-18 in King and Pierce County along with some in Thurston and Snohomish. Families can give us a call at 1-877-341-7332.
- **Teen Link:** You're not alone. There is someone that's willing to listen to you without judgment. Teen Link is a program of [Crisis Connections](#) that serves youth in Washington State. Our teen volunteers are trained to listen to your concerns and talk with you about whatever's on your mind – bullying, drug and alcohol concerns, relationships, stress, depression or any other issues you're facing. No issue is too big or too small! Calls and chats are confidential. Talk it out! 1-866-833-6546 www.teenlink.org
- **Changes Parent Support Network** is a structured, peer-led program that provides support to parents struggling with children who are engaging in oppositional and self-destructive behaviors. Changes offers hope, help, support and relief from feeling overwhelmed and alone. We invite you to explore this website for information about our philosophy, our structured approach and meeting schedules. www.CPSN.org

Crisis Supports for Children

- **Medicaid Insurance:** If family has Medicaid and in crisis, encourage parent to call the MCO case manager to report incidents of crisis. Currently MCO plans do not offer crisis services for DD in WA BUT reporting the concerns lets the MCO plans know the magnitude of the problem and may encourage them to come up with creative solutions. If patient has severe health-harming crisis, the MCO plan might consider out-of-state placement. For those in crisis who are not considered severely impacted the MCO plan can help place the individual in a WA State mental health facility.
- **Private Insurance:** Private insurance will not pay for out of state placement in in-patient psychiatric facilities, but they do cover in-state psychiatric placement at. We should still encourage parent who have a child in crisis (regardless of severity level) to contact their private insurance plan to see if they offer any form of relief or support. And, again, for the purpose of reporting the magnitude of concerns and putting pressure on insurance plans to come up with creative solutions.

Crisis Supports for Teens & Adults

- **Crisis and Commitment Services (CCS)**

King County Crisis and Commitment Services offers evaluation of people with behavioral health disorders for **involuntary detention** in psychiatric facilities according to the State of Washington law.

Designated Crisis Responders (DCRs) are mental health professionals who are specially trained to conduct a holistic investigation of risk and to treat the person in need with dignity and respect during their time of Crisis.

Crisis and Commitment Services are available 24 hours a day, 365 days a year. Phone: [206-263-9200](tel:206-263-9200)

<https://www.kingcounty.gov/depts/community-human-services/mental-health-substance-abuse/services/crisis-services.aspx>

If You Have to Call 911

- **Ask for a CIT-trained officer.** CIT stands for Crisis Intervention Training which is specialized mental health de-escalation training. All police departments have some officers with additional CIT training.
- **SMART 911:** A registry that allows 911 operators to access more detailed information about you should you need to utilize emergency services. Can be very helpful for people with disabilities should an emergency occur. <https://smart911.com/>