

Guide to the Bivalent Booster

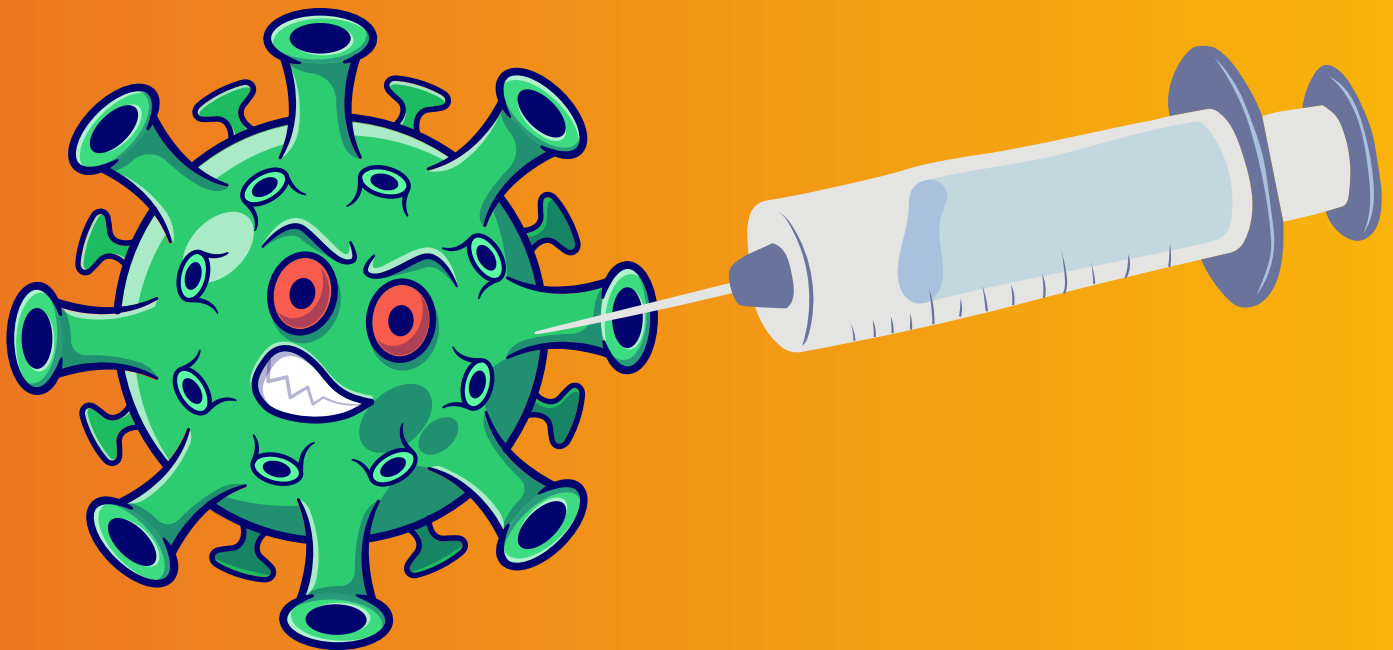


TABLE OF CONTENTS

1	Words to know	3
2	What is a vaccine?	4
3	There's a new COVID-19 booster!	6
4	Why get the new shot?	7
5	How do bivalent boosters work?	8
6	Where can I get my new shot?	10
7	How do I know if I can get the shot?	11
8	What if I've had COVID-19 recently?	12
9	Vaccine resources	14

Words to know

Vaccine

A type of medicine that helps your body fight off illness.

It is usually given as a shot or nasal spray.

Omicron variant

A new type of COVID-19 that is much easier to catch.

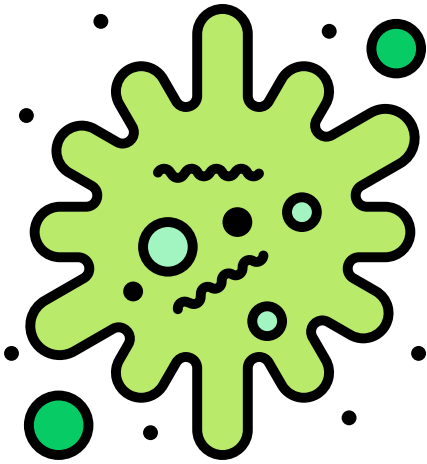
Bivalent booster

An updated COVID-19 vaccine that protects against the Omicron variant.

What is a vaccine?

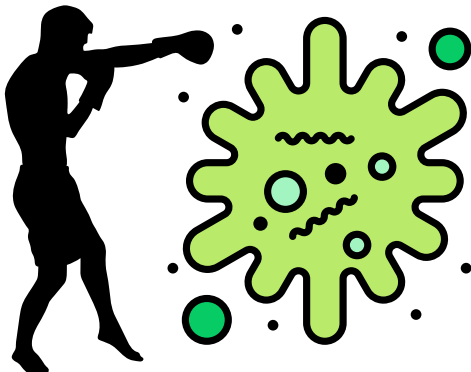


Vaccines are medicines that help you fight illness.

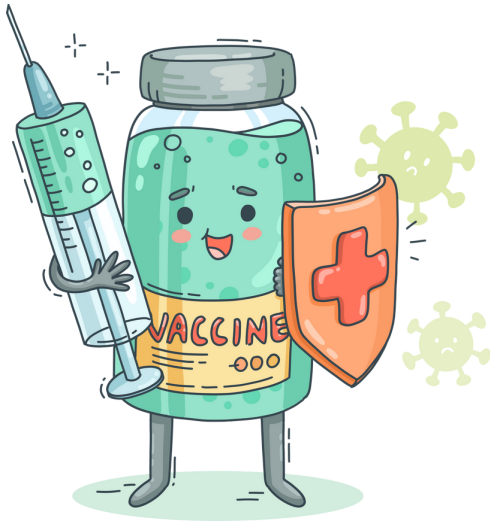


Vaccines help your body recognize and respond to a virus.

The flu and COVID-19 are types of viruses.



COVID-19 vaccines teach your body when to fight.



You probably got a vaccine for school or college.

Some vaccines we get once.

Sometimes we need a booster to keep it working. Sometimes we get vaccines every year, like for the flu.



Vaccines are an important type of medicine that protect you from many different diseases.

There's a new COVID-19 booster!



There's a new shot that you can get to protect you from new kinds of COVID-19.



These are the bivalent boosters.

Bivalent means it protects you from both the original COVID-19 virus and the new Omicron variants.



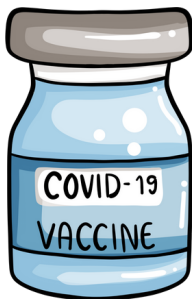
Why get the new shot?



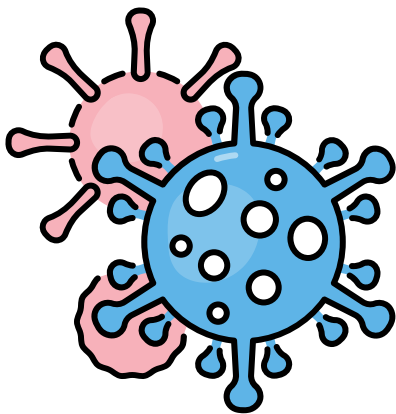
Getting vaccinated helps keep you from getting sick from COVID-19.



Or dying from COVID-19.

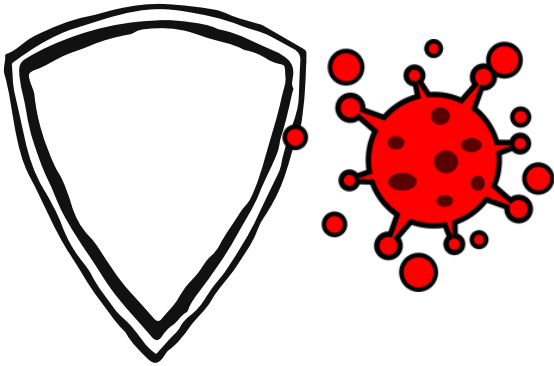


This booster helps more than the first vaccines.



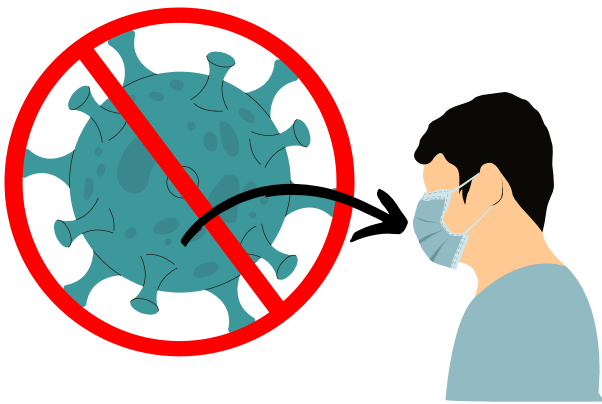
That is because it is easier to get sick from an Omicron variant, and this vaccine helps protect you from Omicron variants.

How do bivalent boosters work?

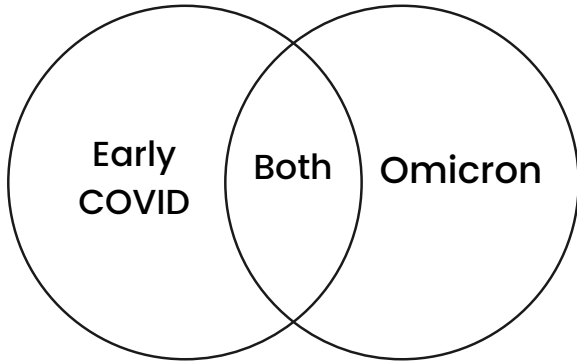


There are different kinds of COVID-19 vaccines.

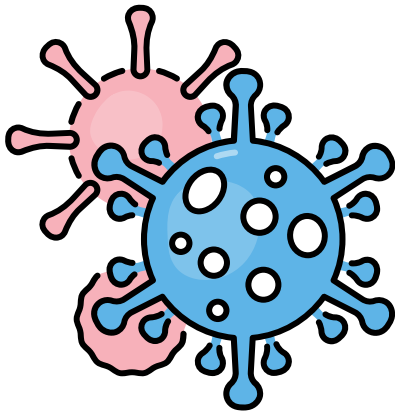
The bivalent booster updates a type of COVID-19 vaccine called mRNA.



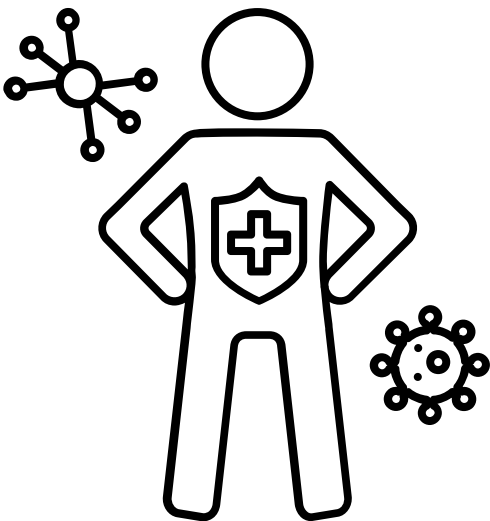
The mRNA vaccines tell your body how to build a protein that will recognize and fight COVID-19.



The bivalent booster works the same way, but with one key difference.



It helps the body recognize and fight both the early version of COVID-19 and the new Omicron variants.



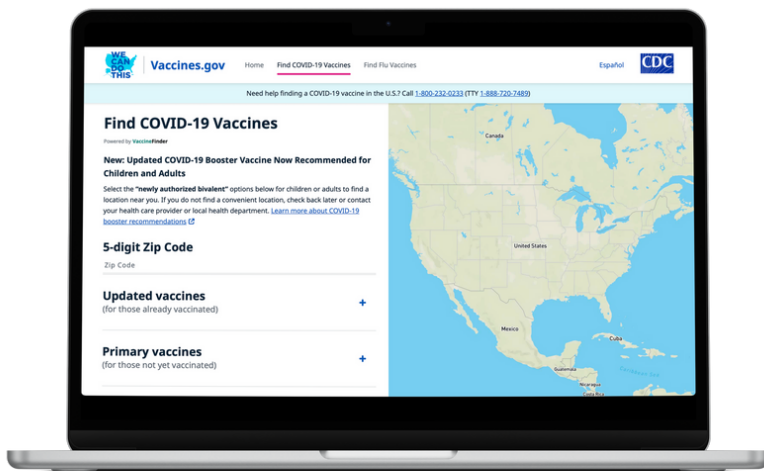
It does an even better job than the first mRNA vaccines.

Where can I get my new shot?

Most pharmacies have the new bivalent boosters.

You can find COVID-19 vaccines and booster shots at www.vaccines.gov

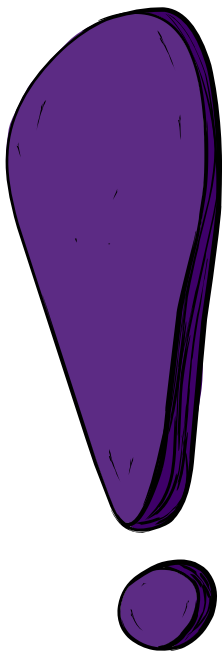
Your doctor's office may also offer the vaccine.



How do I know if I can get the booster?



If you haven't gotten any shots for COVID-19, you need to get the primary vaccine series, then wait at least 2 months.



If you have been vaccinated against COVID-19, you can get the bivalent booster 2 months after your last shot.

The bivalent booster is approved for babies 6 months and older, children, and adults.

What if I had COVID recently?



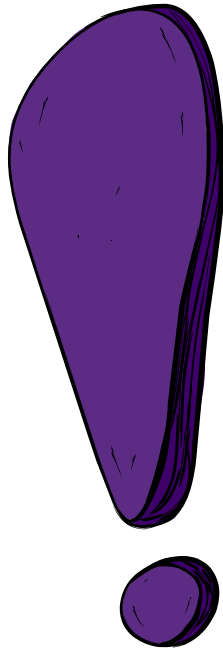
Some experts think it is good to wait three months since your last infection. They think that can help keep you safer for longer.



But, some people do not remain immune after an infection for a long time.



You can talk to your doctor if you have questions about that.



The important thing to know is that you can get the bivalent booster if you had your last COVID-19 shot over two months ago.

Vaccine resources

- <https://www.cdc.gov>
- <https://www.covidactnow.org>
- <https://www.vaccines.gov>