

Getting to Skill sets- To Name a Few...

A Beginning Cheat Sheet for Person-Centered Employment Planning

*Remember! This is a generalized list to give facilitators ideas. Each plan should be individualized and reflect that person's story and skill sets.



Machine Use

Order, process, sequence, precision, button pushing, cause and effect, fine motor, dexterity, memory, safety, patience, & following directions.



Computers cell phones, Fax machines, Copiers, Microwaves etc

All of the above skills from "Machine use" Plus...

Matching numbers, letters icons, words, colors, & shapes. Decision making, patterns, research, patience, problem solving.



Care of Animals and Other living things

Responsible, reliable, patterns, responsive visually or auditory, timing precise, empathetic, caring measuring, tool use (i.e. can use an opener or spoons, and can let animals in or out), following a list or schedule, walking, arm strength, sequence, safety, order, process, & memory.



People

Social, order, memory responsive, fun, enthusiastic, ritual, observant, & turn taking.



Games

Turn taking, matching colors letters shapes, strategy fine motor, gross motor, memory rules, collaboration, cooperation, focus, comprehension, & spatial shape matching.



Reading

* Consider what the reading level is or periodical, book Order.

Plot, focus, memory, comprehension, identification of characters, recognize objects, picture & word identification.



Sports team

Cooperation, strategy, follow directions, follow rules, record keeping, enthusiasm physical, coordination reliable, matching the physical stance of others, arm & leg strength, focus, persistence, practice, & discipline.



Shopping

Money, matching object, match words, memory, order, precise comparative items, decision making choices, follow directions, navigation, follow rules, sizing numbers, planning, saving, & deferred goals.



Vehicles

(cars to wheelchairs)

Balance, coordination, hand eye, foot arms fingers, operation of vehicle, safety, navigation, focus, direction, know rules of operation, spatial relationships, fast decisions, multi tasking, & pay attention to distance space and other moving objects.



Cooking

Order, process, precise, memory, tool and machine use, safety, matching sizes, following directions, inventive, timing focus, patience creativity, & measuring.



Art

Art color matching, creativity, fine motor gross motor, inventive focus, prolific, start to finish sticks with it, concepts time, tool use. practice, & discipline.

***Smart & a Learner**

Debra McLean, January 2018