



UNDERSTANDING BEHAVIOR

Parent Education: Preventing and Responding to Challenging Behavior at All Ages



About the Program



This course is focused on teaching parents, caregivers, and family members strategies and tools to prevent and respond to challenging behavior. Sessions led by **Katherine Bateman**, Ph.D., BCBA-D, LBA, and **Sara Behrens**, M.Ed., BCBA, LBA, will cover behavior strategies rooted in Applied Behavior Analysis and seek to provide parents with knowledge and increased confidence to address behavior at home. Additionally, attendees will become part of a community seeking to support each other and learn together.

PARTICIPANTS WILL LEARN:

- Why behavior occurs and what behavior communicates for children.
- Preventive, antecedent strategies to address challenging behavior.
- Strategies to teach appropriate prosocial behavior.
- How to respond to challenging behavior when it occurs.
- Strategies to collect information about behavior to make informed, data-based decisions.

Program Details

WHEN: Classes meet via Zoom every Tuesday for five weeks beginning February 23, 2021. Each class begins at 5 p.m. and is approximately 1 hour in length. Once registration is closed, DSC will email the schedule and Zoom information to participating families.

COST: There is a one-time, nonrefundable \$100 fee. Financial grants are available based on each family's needs. Please contact Katelyn Peters at kpeters@dscpugetsound.org for more information or to see if you qualify.

MATERIALS & RESOURCES: Weekly materials will be posted on the DSC Parent Portal.

Registration will be open Wednesday, January 27 – Friday, February 19.
Visit dscpugetsound.org or email contact@dscpugetsound.org to sign up.

To learn more about the Down Syndrome Community of Puget Sound, visit dscpugetsound.org

The Down Syndrome Community of Puget Sound's unwavering mission is to empower people with Down syndrome and their families through lifelong learning and experiences, while building an accepting and inclusive society. With enthusiasm, dedication, and support from our community, we can succeed.