

# **SIGN UP NOW!**

## for DEVELOPMENTAL DISABILITIES ADMINISTRATION (DDA)

## WHY should I sign up with Developmental Disabilities Administration?



#### Start Early!

- •There are DDA services even for newborns!
- Accessing services may assist your development!



#### Waitlists:

- Depending on your support needs and available funding, you may be placed on the "No Paid services" waitlist.
- Being on the waitlist will make it easier to access services when you need them.
- A Waitlist helps DDA plan for future service & funding.



# Life Stages & Support Needs

- As you grow up, you may discover new support needs.
- As your parents age, they may need more support.
- Learn about different services based on Age
   Support needs at informingfamilies.org



# Prepare for the Future

- Sign up for DDA to access support to prepare you for an adult life you want.
- Important supports and services like School to Work require you to be a client of DDA.
- •Some DDA programs like the **DD Endowment Trust Fund** allow you to save \$ for the future.



# Participate in the Community

•DDA services can help you find and participate in meaningful activities in your community, get a job and live the life you want!

Don't Wait! Sign up Now!

## WHAT is the Developmental Disability Administration?

The **Developmental Disabilities Administration** serves eligible individuals with Intellectual and Developmental Disabilities (IDD). The goal of DDA is to support individuals with IDD to have a positive life in the community.

#### Services DDA may provide:

- Case management
- Early Intervention services for Infants and Toddlers (Birth to Three)
- Respite
- Personal care
- Employment and day supports services
- Adaptive equipment
- Residential Services
- Environmental adaptations
- Community guide
- Access to medical, dental, mental health and behavioral health services

This is not an extensive list, and services availability may vary by program and eligibility.

#### WHO can access DDA services?

**Qualifying Diagnosis:** Developmental delay (in children), intellectual disability, cerebral palsy, epilepsy, autism or other neurological conditions similar to intellectual disability.

**WA Residents:** Anyone residing in Washington State with qualifying diagnosis may apply for services. Some services may require that you have a Social Security Number or Medicaid. It is always best to apply.

**Receiving Services:** All services are based on your support needs and available funding. Services depend on eligibility and other criteria.

**Income:** Most of the services are based on your disability & support needs, not an income. But some services may require Medicaid eligibility.

**Denied Application? Apply again:** You may have more information to support that you would benefit from DDA services and criteria for DDA eligibility may have changed.

## HOW to sign up?

Go to the DDA eligibility webpage <u>www.dshs.wa.gov/dda</u> and click <u>Eligibility</u> to learn more about eligibility and to download the application (also available in multiple languages) or you may call:



**DDA** Developmental Disabilities Administration

#### **DDA Office:**

206-568-5700 or 1-800-314-3296 and ask for the *Intake Case Manager*. **Questions?** Contact: Christopher Osborn (Intake & Eligibility Supervisor).

\*For other languages, request an interpreter. TTY Relay Service: 711.

#### Tips for the smooth determination process.

- ➤ Be sure to include **Consent form** filled with the names and contact information of a professional who made the diagnosis and administered the test(s). DDA may have a question to determine eligibility.
- You may also include IEP or Transition Case Managers from schools!

#### Call DDA office in your Region if you:

- Moved and the address changed;
- Are not sure if you are a DDA client

Don't know the name of your Case Manager

#### More Information & Resources Online



**Informing Families** provides information bulletins and publications for families of individuals with IDD. <a href="https://www.informingfamilies.org">www.informingfamilies.org</a>

- Applying to DDA in Washington & Understanding DDA Waiver Services: informingfamilies.org/wp-content/uploads/2016/06/LifeCourse Intro.pdf
- Applying for DDA flowchart:
   informingfamilies.org/wp-content/uploads/2015/07/Eligibility Flowchart 2016.pdf
- Reasons to Apply for DDA:

informingfamilies.org/wp-content/uploads/2015/07/Bulletin Why Apply.pdf

- DDA Appeal Process: www.youtube.com/watch?time continue=4&v=5WDNLLD5zoA
- DDA Waiver Eligibility Roadmap: informingfamilies.org/wp-content/uploads/2015/07/Waiver Eligibility.pdf
- Autism and DDA eligibility:

informingfamilies.org/wp-content/uploads/2015/07/Austim DSM Effect.pdf

# Need help with the application process or navigating the system? Get support from the following community agencies!



www.arcofkingcounty.org English: 206-829-7053 info@arcofkingcounty.org Spanish: 206-829-7030

Preguntas@arcofkingcounty.org



www.multiculturalfamilies.org

Office: 253-216-4479

info@multiculturalfamilies.org

**Languages**: English, Spanish, Somali, Korean, Mandarin, Cantonese, Arabic, Vietnamese, and

Khmer.

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