



Personal Care Services

Developmental Disabilities Administration (DDA)

If your family member is eligible for services through DDA they can access Medicaid personal care services. [DDA programs and services explanation, Eligibility and Criteria](http://informingfamilies.org/topic/dda-services/)
<http://informingfamilies.org/topic/dda-services/>
<https://www.dshs.wa.gov/sites/default/files/FSA/forms/pdf/14-459.pdf>

Developmental Disabilities Administration Fact Sheets and services

explanation <https://fortress.wa.gov/dshs/adsaapps/about/factsheets/DDAFactsheets.aspx>

- **Home and Community Services (HCS) - Long Term Care Services (LTCS)**
<https://www.dshs.wa.gov/altsa/long-term-care-services-information>
- **Home and Community Services (HCS) - Explanation of Waiver Services**
<https://www.dshs.wa.gov/sites/default/files/SESA/publications/documents/22-605.pdf>
 - Basic Plus/Community First Choice
 - Core
 - Community Protection Program (CP)
 - Individual and Family Services
- **Community First Choice Services – Care Givers**
 - Home Care Referral Registry - Individual caregiving providers (800-970-5456) <http://www.hcrr.wa.gov/default.htm>
 - Personal Care Providers/King County Agencies - <http://www.agingkingcounty.org/wp-content/uploads/sites/185/2016/07/HCAContactInformation.pdf>
 - Becoming a Paid Caregiver
<https://www.dshs.wa.gov/altsa/home-and-community-services/becoming-paid-caregiver>

The Arc of Washington State - advocates for the rights and full participation of all people with intellectual and developmental disabilities

www.arcwa.org (888-754-8798)

Informing Families - offers information for families to empower them in building networks of support and opportunities for individuals with disabilities

www.informingfamilies.org



Living Expenses

Washington Connections Community Services Office - connects families to basic living programs such as food benefits

<https://www.dshs.wa.gov/> (877-501-2233)

Social Security Administration (SSA): 1-800-772-1213 <https://www.ssa.gov/disability/>

SSI – Supplemental Security Income Apply <https://www.ssa.gov/benefits/ssi/>

SSDI – Social Security Disability Insurance Apply <https://www.ssa.gov/applyfordisability/>

Department of Vocational Services (DVR) Employment Services (Earned Income)

<https://www.dshs.wa.gov/strategic-planning/services-individuals-disabilities>

Housing Access and Services Program (HASP) - Section 8 Voucher Rent Assistance Program - Contact Katherine Festa, King County DD Housing Specialist:

Katherine.festa@kingcounty.gov (206-263-9053)



Financial and Legal Considerations

- **Informing Families** Guardianship and Other Alternatives
<http://informingfamilies.org/topic/guardianship/>
<http://informingfamilies.org/topic/alternatives-to-guardianship/>
- **Washington Law Help** Alternatives to Guardianship and Resources
<https://www.washingtonlawhelp.org/resource/alternatives-to-guardianships-for-adults>
- **ABLE Act** Achieving a Better Life Experience – Savings accounts for individuals with disabilities
<http://www.ablenrc.org/state-review/washington>
- **Developmental Disabilities Endowment Trust Fund (DDEF)** – State supplemental special needs trust <http://ddef.wa.gov/>
- **Redinger Law Offices, PLLC** - Family and Special Needs Law
<http://www.redingerlaw.com/>
- **Jones & Ibrahim Attorneys at Law** - Planning and Special Needs Law
<http://www.seattledisabilitylaw.com/index.html>



Exploring Housing Options

Adult Family Home – State-licensed neighborhood homes which provide Personal Care for up to 6 individuals with disabilities. Available to those on DDA Basic Plus/CFC waiver.

- **Find an Existing AFH**
 - DSHS AFH Locator
<https://fortress.wa.gov/dshs/adsaapps/lookup/AFHPubLookup.aspx>
 - Adult Family Home Council Locator
<http://www.adultfamilyhomecouncil.org/locator/>
- **King County AFH providers:**
 - Community Homes, Inc. - <http://www.community-homes.org/>
 - L'Arche - <http://www.larcheseattle.org/>
 - Life Enrichment Options (LEO) - <https://lifeenrichmentoptions.org/>

Shared Living – Community-based housing created by families utilizing DSHS Medicaid services, section 8 housing voucher, and private pay.

- Community Homes, Inc - <http://www.community-homes.org/>
- Partners 4 Housing <http://partners4housing.com/>

Supported Living – Housing and support services provided through state-contracted vendor in the clients' own homes. Requires CORE waiver from DDA.

- Alpha Supported Living (206-284-9130) <http://www.alphasls.org>
- The Arc of King County (206-364-6337) <http://www.arcofkingcounty.org/>
Tom Haupt, Supported Living Director - thaupt@arcofkingcounty.org
Liz Sarmiento, Youth Homeless Prevention Program - lsarmiento@arcofkingcounty.org
- Helping Hands for the Disabled (425-644-4344) <http://hhftd.org/>
- Special Care Agency (888-450-4112) <http://www.specialcareagency.com/>
- Total Living Concept (253-854-7663) <http://www.totallivingconcept.org/>



Exploring Housing Options - continued

The following residential services are not common but are described here for reference. Contact your DDA Case Manager to learn more:

Group Homes - community-based residences serving two or more adults, may be licensed as either an assisted living facility (ALF) or an Adult Family Home (AFH). Individuals must be Medicaid eligible and have a CORE waiver.

State Operated Living Alternatives (SOLA) - SOLA programs are operated by DDA state employees for clients who are on the CORE waiver.

Companion Homes - provide services in the provider's and require a CORE waiver.

Other Housing Resources

- **DSHS/DDA information** <https://www.dshs.wa.gov/dda/consumers-and-families/residential-services>
- **Parkview Services** Homeownership program (206-542- 6610)
<https://www.parkviewservices.org/>
- **Washington State Housing Finance Commission Workshops** Home Education Seminars schedule
<http://www.wshfc.org/buyers/schedule.htm>
- **Washington Ownership Resource Center** Homeownership
<http://www.homeownership-wa.org/>
- **Washington Housing Authority**
<https://www.hud.gov/states/washington>