



RESEARCH STUDY

Telehealth Delivery of Treatment of Sleep Disturbances in Young Children with Autism

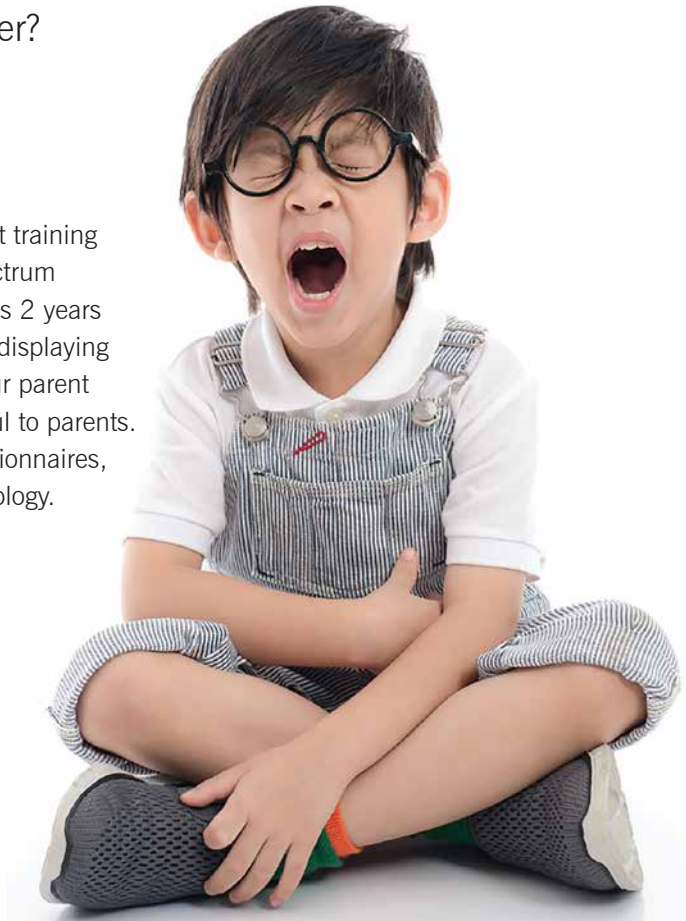
Do you have a child with an autism spectrum disorder?
Do they have sleep problems? Would you like to participate in our current research study?

We are looking for families in to participate in our research study of parent training as a tool in treating sleep problems in young children with an autism spectrum disorder. This study is designed for parents of preschool age children (Ages 2 years old to less than 7 years old) with autistic spectrum disorder who are also displaying bedtime or sleep problems. The purpose of this study is to determine if our parent training program and parent education program are acceptable and helpful to parents. As part of the study you and your child will be required to complete questionnaires, document sleep habits and attend five sessions all using telehealth technology.

To be eligible to participate:

- Child must be between 2 and less than 7 years of age.
- Child must have a diagnosis of autism spectrum disorder.
- Child must have bedtime or sleep disturbance.

The possible benefits of participation in this study are the improvement of your child's sleep and bedtime behaviors.



For more information, please contact

Autismresearch@ccf.org | 216.448.6392

or scan QR code.

