

Family Caregiver Support Program



家屬照顧者支援計劃
Family Caregiver Support Program

Do you help or assist a family member or a friend with:

*Transportation, cleaning, medical appointments, food preparations, phone calls, shopping, personal hygiene, walking, church outings, bill payments, physical checkups ... **Then you are a Family Caregiver.***



***Our services are Free
and confidential***

We can help with:

***Information & Assistance, Referrals, Trainings and education, counseling,
Respite Service if you need a break and more...***

Spanish Family Caregiver Specialists

Diana Moshe Direct: 425-502-0684

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Claudia Cruz Direct: 425-598-5436

claudiac@cisc-seattle.org

Program founded by Aging and Disabilities Services of the City of Seattle

