

## Magnuson Counseling – beginning December 1, 2018 Lori Magnuson, Ph.D., CRC, LMHCA 206-257-3858 (voice or text); magnuson.counseling@gmail.com

**about me.** I have over 20 years of experience working with people with disabilities and professionals in the human services, mental health, higher education, and vocational rehabilitation fields. I am committed to social justice and equity for all people, regardless of ability. People have the seeds of change and growth within them, and a trusting and supportive relationship with a counselor can help provide safety in brainstorming and trying out new ways to behave and live.

education. In 2012 I earned a doctoral degree from The University of Iowa. My focus was counselor education. I am a Certified Rehabilitation Counselor, and am currently working on hours to become a licensed mental health counselor (LMHCA) in Washington State. I receive supervision as part of my LMHCA process.

**work experience.** I began my career as a job coach and employment specialist for people with intellectual disabilities, and from there have worked as an advocate and educator in several settings. I most recently worked for the Washington State Division of Vocational Rehabilitation as a statewide program manager for the high school transition program.

Currently I work full-time as a training specialist for Navos, a community mental health organization in West Seattle. I also teach college courses part-time, and work as a private practice counselor.

setting up a meeting. I offer free initial 30-minute meetings so we can talk about what you want to accomplish and get a sense of how well we might work together.

**location and times:** My office is in the Georgetown neighborhood, and I am currently available to see people for counseling on Saturdays, **beginning December 1, 2018**. The office I am leasing is not accessible for people who have mobility disabilities. If accessibility is an issue, we could work together to find a different space to work together on a different day.

## counseling areas of focus. I work with people who:

- experience intellectual or cognitive disabilities and tend to 'fall through the cracks' of service
- are transitioning from high school to adult life
- are adjusting to disability: physical, emotional, cognitive, or a combination of challenges
- want to enhance their abilities to develop and keep friendships
- are struggling with attachment-related issues in their romantic relationships
- want to manage the challenges of balancing school, work, and life
- struggle with faith, spiritual abuse, negative church/religious community experiences
- want to explore issues and challenges related to sexual orientation and the coming-out process
- are experiencing life transition issues related to aging and other developmental change areas

**cost.** My session fee is \$60 per 50-minute session. I do not currently accept insurance, although you may be able to bill as an out-of-network provider. I don't believe money should be a barrier to counseling, and am willing to work with you on a need/sliding scale basis. We can discuss this in our initial consultation meeting.