

# Creating Connections

For people with intellectual and developmental disabilities, their families, and community.

We gather in Federal Way, Bellevue and Seattle and host three types of events, each month:

**ACCESS** workshops help you navigate services

**LET'S TALK** events are where you can discuss emerging issues and learn about policy

**SKILLS** classes help you develop civic engagement and leadership skills

Location	January	February	March
<b>Federal Way Community Center</b> 876 S 333rd St Federal Way, WA <b>7:00 PM - 8:30 PM</b>	<b>January 8</b> Let's Talk: Better Transitions to Adulthood	<b>February 12</b> Skills: Taking the Initiative with 'De-Escalate Washington'	<b>March 12</b> Access: Navigating College
<b>Highland Community Center, Art Room</b> 14224 Bel-Red Road Bellevue, WA <b>7:00 PM - 8:30 PM</b>	<b>January 9</b> Access: Self-Discovery & Person-Centered Planning	<b>February 13</b> Let's Talk: The Intersection of DD, Behavior, and Mental Health	<b>March 13</b> Skills: Self-Advocacy for College or Work
<b>The Arc of King County</b> 233 6th Ave N Seattle, WA 98109 <b>10:00 AM - 12:00 PM</b>	<b>January 28</b> Skills: How to Tell Your Story	<b>February 17</b> Access: Behavior Support Services	<b>March 17</b> <b>No Event</b> Join us at the School to Work Transition Fair at Highline College

These events are produced by the Advocacy and Information & Family Support teams at The Arc of King County and support the work of the **King County Parent and Family Coalition** and **Parent to Parent** program. All are welcome.

For more information about The Arc events, check out our Community Calendar at [www.arcofkingcounty.org](http://www.arcofkingcounty.org)

## Questions?

**English:** 206-829-7053, [Ask@arcofkingcounty.org](mailto:Ask@arcofkingcounty.org) **Spanish:** 206-829-7030, [Preguntas@arcofkingcounty.org](mailto:Preguntas@arcofkingcounty.org)