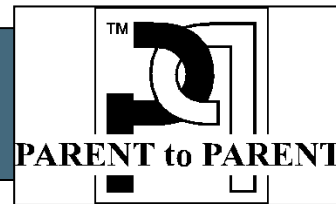




VIRTUAL SUPPORT & INFORMATION GROUPS



Connect with other families like yours at your own time and pace! Share resources, ask questions, celebrate successes, and vent frustrations. All groups are closed and private, moderated by The Arc, and created exclusively for parents and loved ones of people with developmental disabilities in King County. For questions or concerns, contact Rachel Nemhauser, Parent to Parent Program Coordinator at The Arc of King County: 206-829-7046, RNemhauser@arcofkingcounty.org

Facebook Groups (search FB by group name or URL, click green “join group” button to join)

P2P: Seattle	www.facebook.com/groups/P2Pseattle
P2P: West Seattle	www.facebook.com/groups/P2PWestSeattle
P2P: North Seattle	www.facebook.com/groups/P2PNorthSeattle
P2P: South King County	www.facebook.com/groups/P2PSouthKingCounty
P2P: East King County	www.facebook.com/groups/P2Peastkingcounty
P2P: Vashon Island	www.facebook.com/groups/P2PVashonIsland
P2P: Single Parents	www.facebook.com/groups/p2psingleparents
P2P: Medically Complex	www.facebook.com/groups/P2Pmedicallycomplex
P2P: Parents of Teens/Young Adults	www.facebook.com/groups/P2PTeensandYoungAdults
P2P: Dads of Special Kids	www.facebook.com/groups/735809933225647
P2P: African American Families	www.facebook.com/groups/P2PAfricanAmericanFamilies
P2P: Spanish Speaking Families	www.facebook.com/groups/SpanishSpeakingFamilies
P2P: Aging Parents of Sons and Daughters with Disabilities	https://www.facebook.com/groups/P2Pagingparents/
Adoptive, Foster and Kinship Caregivers of Children with Developmental Disabilities:	www.facebook.com/groups/adoptivefosterkinshipcaregivers
The Arc of King County Sibling Support for adult siblings of people with intellectual and developmental disabilities:	www.facebook.com/groups/kingcountysiblingsupport

Yahoo Groups

Autism King – A group of over 1100 parents in King County who are raising children on the autism spectrum. To subscribe, send an email to autismking-subscribe@yahoogroups.com.

Down Syndrome King – A group of more than 200 families in King County who are raising children of all ages with Down syndrome. To subscribe, send an email to dsking-subscribe@yahoogroups.com

Into Adulthood – This group is for parents or family members of teens and young adults with intellectual and developmental disabilities in King County. Topics include housing, recreation, safety, resources and more. To subscribe, send an email to intoadulthood-subscribe@yahoogroups.com.

Parents Place – This group is for all parents in King County who are raising children with special needs. Such as ADD/ADHD, autism, Down syndrome, CP and many who are undiagnosed. We even talk about our kids without “labels”! To subscribe, send an email to parentsplace-subscribe@yahoogroups.com.