# Informing Families Building Trust

A Partnership for Better Communication On Developmental Disability Issues in Washington State

Preparing for Life After High School

## The Long and Short of Employment Services

### DVR

The Division of Vocational Rehabilitation

(DVR) helps adults with disabilities find and secure stable employment. *DVR services are not long-term.* Their purpose is to provide the necessary tools and assistance for initial job placement and (if needed) to aid transition to longterm supports outside DVR (such as DDA).

Services may include: counseling & guidance; trial work experience; community-based assessment; benefits planning; assistive technology; job-related services such as completing applications, developing a resume, practicing interview skills, conducting a job search, gaining job skills; and transition to DDA long-term supports.

#### The Role of DVR in High School Transition

DVR partners with school districts to help students receiving high school transition services prepare for and find employment. This typically happens during the final year of school (age 20-21).

For more information, or to find the DVR Transition Liaison in your school, visit: dshs.wa.gov/dvr and click on the quick link for School Transition; or call: 1-800-637-5627.

### DDA

**The Developmental Disabilities Administration** (DDA) provides long-term employment services to eligible individuals age 21 and over.

Services may include:

- Individual Supported Employment Intake, discovery (identifying interests, strengths, needs), assessment, job preparation, job placement & coaching.
- Pre-Vocational Short-term training & skill development in a group setting, provided as part of a pathway to integrated jobs.
- *Group Supported Employment* Supervised employment for groups of no more than 8 workers with disabilities in the same setting.

It's important to find out, prior to exiting the school system, how to apply for these services (and if funding will be available).

Although DDA does not provide employment services until age 21, other home & communitybased services may be available. Visit dshs.wa.gov/ddd for a full list of services.

**High school transition programs** (for students age 18-21) vary from county to county. Some county DD programs partner with the school district, DVR, and others with the goal of helping students to leave school with a job and make a seamless transition into adult life. Some counties, however, do not have alternative sources of funding to provide this type of wraparound service (beyond what DVR offers). Ask your school district what kinds of activities and support its transition program offers. Contact Parent-to-Parent (arcwa.org/getsupport) or PAVE (wapave.org) for support to help get your child's transition needs met.

