





The Arc
King County

WHICH MODEL IS RIGHT FOR YOU?

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WHAT WE'LL COVER

The Pros, Cons, and Other Considerations for:

- Adult Family Homes
- Shared Living
- Supported Living
- Other Options

Eligibility Requirements	
Roommates	
Extent of Care Services	
Bricks & Mortar	
Family vs. State Oversight	
Behavior Supports	
Involuntary Discharge	
Financial Considerations	
Other Considerations	

ADULT FAMILY HOMES (AFH)

Eligibility Requirements	Eligible for Personal Care AKA Community First Choice – Does NOT require DDA
Roommates	2-6 people
Extent of Care Services	1 live-in, licensed provider implements care plan based on annual CARE Assessment. Care plan identifies “Daily Rate”.
Bricks & Mortar	Included in model
Family vs. State Oversight	Heavy state regulations, family involvement encouraged but not required
Behavior Supports	Limited – most AFHs will not accept residents with challenging behavior
Involuntary Discharge	30-day notice if the AFH is going to voluntarily close or they are discharging a resident. Client can be involuntarily discharged if it is needed for their own welfare, the welfare of other residents, or house rules are consistently broken.
Financial Considerations	• Resident pays room and board based on income, often leaving very little for other expenses. • Family cannot supplement the “Daily Rate”
Other Considerations	• ~430 AFHs in King County accept DD residents, but <50 specialize in DD. The others focus on aging adults. Turn over is low and spots are hard to find. • It is a very long process to become a licensed provider, which means change over between providers can become complicated.

SHARED LIVING

Eligibility Requirements	None
Roommates	Yes, the number is determined by the families
Extent of Care Services	Residents usually pool their Personal Care hours to pay for 1 live-in caregiver
Bricks & Mortar	Families must locate the home themselves
Family vs. State Oversight	Limited state oversight, primary oversight comes from family
Behavior Supports	Depends on the agreement between families and caregiver
Involuntary Discharge	Depends on the agreement between families and caregiver
Financial Considerations	• Resident often obtain a Section 8 Voucher through King County HASP to subsidize rent. • Family can negotiate plan to cover other costs such as food, transportation, recreation, etc.
Other Considerations	• Requires extensive family oversight including very close collaboration between families • Aging parents will want to have a plan for who will provide oversight when they are no longer able to do it

SUPPORTED LIVING

Part 1

Eligibility Requirements	DDA Core Waiver REQUIRED for this model
Roommates	Depends on the Provider agency
Extent of Care Services	• State-paid care services based on annual CARE Assessment that includes personal care, access to medical care, and support in community activities. • Services can range from 24/7 to just a few hours a week. • Provider agency hires, trains, and oversees care providers (Direct Support Professionals).
Bricks & Mortar	Depends on the Provider Agency • Some agencies have homes with up to 4 residents • Some agencies support clients in their own home/apartment
Family vs. State Oversight	Heavily regulated by state; family involvement is encouraged but not required

SUPPORTED LIVING

Part 2

Behavior Supports	Yes, included in support plan and paid by state. • However, if a client's behavior puts agency staff at risk or exceeds their expertise, they may choose to discharge the client.
Involuntary Discharge	• Services can be discontinued with as little as 10 days notice • Allowable Reasons: refusal of services, support needs exceed provider expertise, danger to staff (either due to client behavior or behavior of people they associate with), guardian asks for services beyond provider expertise or becomes a barrier to providing services, client is homeless.
Financial Considerations	• Client pays for rent, food, and other expenses not related to care. • Clients often obtain a Section 8 Voucher through King County HASP to subsidize rent. • Family cannot supplement payment, unless the service is not paid by state
Other Considerations	• Most support the state offers • Many people utilizing this model have little to no family involvement

OTHER OPTIONS

- **King County HASP Section 8 Voucher:** Subsidizes rent for a DDA client to rent a 2-bedroom unit, where the caregiver lives in the second bedroom rent-free.
  - Caregiver can be anyone who meets requirements to be a contracted personal care provider through DSHS/DDA, such as a parent, extended family member, or community member.
  - Note: People may also use a HASP Voucher for other models
- **Other Residential Services offered under the Core Waiver**
  - Group Homes
  - State Operated Living Alternatives (SOLAs)
  - Companion Homes
- **Independent Living**
  - Individual has no state services for care or subsidized rent.
  - They may have income that covers cost of rent, or own their own home.
  - Family or friends may provide basic support or oversight as needed







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QUESTIONS?

FOR FURTHER QUESTIONS,

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